

2024 Resource Directory for "Those of Us 50+" ● FREE



The Best Of Times

Silver Pages



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WK
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Silver Pages



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Silver Pages

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Advertisers

Please support and thank the businesses and organizations that care enough about “those of us 50+” to make this priceless resource directory possible. Their listings within are in **red bold face**.

AARP Louisiana
AC Duct Cleaners
Aetna
Always Best Care
Arthritis and Rheumatology Clinic
Balentine Ambulance Service
Carter Federal Credit Union
Centerwell - Senior Primary Care
Centuries Memorial & Hill Crest Memorial
Dr. Jason P. Calligas, ENT physician
Forest Park Funeral Homes & Cemeteries
Highland Place of Shreveport
Humana
Kyle A. Moore, Elder Law Attorney
Louisiana Senior Medical Patrol
Ochsner LSU Health
Rose-Neath Funeral Homes & Cemeteries
Snell's Orthotics and Prosthetics
Southern Hills Healthcare & Rehabilitation
The Blake at Bossier City
The Oaks of Louisiana
Willis Knighton Eye Institute
Willis Knighton Health

Aging Resources

Agencies - Louisiana

Governor's Office of Elderly Affairs

225-342-7100

www.goela.louisiana.gov

■ ADRC and SenioRx

Program - assistance with prescription medication for seniors on limited income
877-340-9100

■ Elderly Protective Services - claims of abuse or neglect of senior citizens. 833-577-6532

■ Long Term Care

Ombudsman Program - complaints of residents at long-term care facilities.
866-632-0922

Louisiana Dept. of Children and Family Services

225-219-9415

800-256-4650

www.dss.louisiana.gov

■ Disability Determination Program - to make eligibility determinations for Supplemental Security Income. 800-256-2266

■ Food Stamp Program - to receive food allowance to improve health and well being by raising levels of nutrition among low-income households. 318-676-7600

■ Kinship Care Subsidy Program - to provide assistance to non-parental custodians of children, including elderly caretakers. It also provides cash assistance for each eligible child who resides with a qualified relative other than a parent. 888-524-3578

Louisiana Department of Health

Office of Aging and Adult Services

Office of Louisiana Medicaid

www.ldh.la.gov

www.ldh.la.gov/oaas

■ Aging and Adult Services
General Info: 866-758-5035

■ Case Management complaints: 800-660-0488

■ Medicaid Information Hotline: 888-342-6207

■ Medicaid Fraud & Abuse reporting: 800-488-2917

■ Home Health Services complaints: 800-327-3419

■ Hospital complaints: 866-280-7737

■ Nursing home complaints: 888-810-1819

■ OAAS Support Coordination complaints: 866-758-5035

■ Service Provider complaints: 800-660-0488

■ Programs

• Adult Day Health Care Waiver Program - a non-residential program that can be an alternative to nursing home care for people who do not need care 24 hours a day, 7 days a week. The program provides older adults, and adults with disabilities, an opportunity to receive medical, health and social services in a supportive structured environment. 877-456-1146

• Community Choices Medicaid Waiver Program - Home and community-based care to a limited number of elders, or adults with disabilities who are at risk for institutionalization and who meet financial and medical eligibility. Services include: Support Coordination, Transition Intensive Support Coordination, Personal Assistance with ADLs and IADLs, Environmental Accessibility Adaptation, Transition Service, Personal Emergency Response System, and Home Delivered Meals. For information, call 877-456-1146

• Community Healthways - Links residents with a health worker who can provide help with secure housing, obtaining transportation, finding a job; paying

for utilities; getting food; getting counseling services, furthering one's education, smoking cessation programs, substance abuse help; obtaining diapers for babies; and obtaining health education on illnesses. Call 318-747-7317 or 318-676-7684

- Healthy Louisiana – Health care delivery system for Louisiana Medicaid and LaChip recipients in either a “prepaid plan” or a “shared savings plan”. Call for information and eligibility 855-229-6848 or visit <https://www.myplan.healthy.la.gov> (Medicaid Information Hotline: 888-342-6207 and Service Provider Agencies complaints: 800-660-0488). Current Healthy Louisiana plans are:

- ♦ Aetna Better Health (855-242-0802) aetnabetterhealth.com/louisiana

- ♦ AmeriHealth Caritas (888-756-0004) amerihealthcaritasla.com

- ♦ Healthy Blue (844-521-6941) myhealthybluelouisiana.com

- ♦ Humana Healthy Horizons in Louisiana (800-448-3810) www.humana.com/healthyloisiana

- ♦ Louisiana Healthcare Connections (866-595-8133) www.louisianahealthconnect.com

- ♦ UnitedHealthcare (866-675-1607) uhcommunityplan.com

- Home Health Services – Part-time or intermittent skilled nursing services, home health aide services, physical therapy and supplies appropriate for use in the home for a homebound person meeting home health criteria for Medicaid patients. 800-327-

3419 (Home Health Services complaints: 800-327-3419)

- Hospice Services – Dually eligible Medicare and Medicaid residents of nursing facilities who are terminally ill are eligible for Medicaid payment of room and board when they elect the hospice option under Medicare. 800-327-3419

- Long Term-Personal Care Services (LT-PCS) – All Medicaid recipients age 65 or older, or age 21 with disabilities (meeting SSA disability criteria), meet medical standards for admission to nursing facility, and be able to participate in care and direct services provided. Covered services include basic personal care, assistance with ADLs, and other services limited to 32 hours a week. Applicant must require at least limited assistance with at least one ADL. 877-456-1146.

- Long Term Residential Care – When a person is in a nursing facility, it may be covered by Medicaid. For information, 877-456-1146 (Nursing home complaints: 888-810-1819)

- Medicaid – Public insurance program that reimburses health care services provided to lower income elderly, disabled and children. Community-CARE – a comprehensive health care delivery system that links Medicaid recipients to a primary care provider. 888-342-6207

- Medical Transportation for Medicaid recipients – Persons who are covered under a Medicaid managed care plan should contact their call centers as follows in order to arrange for needed medical transportation: (Service Provider Agencies complaints: 800-660-0488)

- ♦ Aetna Better Health (877-917-4150)

- ♦ AmeriHealth Caritas (888-913-0364)

- ♦ Healthy Blue (866-430-1101)

- ♦ Humana Healthy Horizons in Louisiana (844-613-1638)

- ♦ Louisiana Healthcare Connections (855-369-3723)

- ♦ UnitedHealthcare Community Plan (866-726-1472)

- Medicare Savings Program – Louisiana Medicaid may help pay part of medical costs including Medicare premiums and other out-of-pocket expenses, 888-544-7996

- Non-Emergency Transportation – For any Medicaid recipient that lacks transportation to access non emergency medical care, please call 855-325-7626.

- PACE (Program for All-Inclusive Care for the Elderly) – This program coordinates and provides all needed preventive, primary, acute and long-term care services so that older people can continue living in the community. The emphasis is on enabling senior citizens to remain in their communities while enhancing their quality of life. 877-456-1146

- Permanent Supportive Housing – helps people with the most severe and complex disabilities live successfully in the community by combining individualized community-based services with affordable rental housing. 844-698-9075

- State Personal Assistance Services Program – provides personal assistance services to people with significant disabilities to assist them with activities of daily living. 866-966-6260

- Traumatic Head and Spinal Cord Injury Trust Fund Program – provides services in a flexible, individualized manner to Louisiana citizens with traumatic head or spinal cord injuries. The program enables individuals to return to a reasonable level of functioning and independent living in their communities. 888-891-9441

Louisiana Department of Health - Office of Behavioral Health

- Acute Care Psychiatric Units – Psychiatric, psychosocial & medical services in compliance with all licensing & accreditation standards to meet needs of adults who need an inpatient setting. 866-310-7977

- Addictive Disorder Services – Treatment for people suffering from addictions, as well as support for their families and friends.

- Compulsive Gambling Hotline: 877-770-7867 or Alcohol/Drug Hotline: 877-664-2248.

- Community Mental Health Centers – Outpatient mental health services provided through network of licensed community mental health centers and their satellite clinics. 866-310-7977

- Crisis Management Services – Care services, telephone counseling, referrals, face-to-face screening and assessment, community housing for stabilization, crisis respite and access to inpatient care. 866-310-7977

- Specialized Inpatient Services – State psychiatric hospitals which provide health evaluation, treatment, and rehab services to adults with severe and persistent mental disorders. 225-342-9500 or 225-342-2540.

Louisiana Department of Insurance

1-800-259-5300, option 2
www.lidi.la.gov

■ The Senior Health Insurance Information Program (SHIIP) helps Medicare beneficiaries better understand their coverage options and benefits. SHIIP provides free unbiased guidance via telephone or in a face-to-face interactive setting. Senior health counselors provide a better understanding of the four parts of Medicare: Medicare A, B, C & D. This will also encompass your health insurance options, including Medicare Supplement (Medigap), prescription drug coverage and Medicare Advantage plans. SHIIP counselors are also trained to help you apply for Medicare, understand claims and appeals, how to reduce cost through the Medicare Savings Program (MSP) and Low-Income Subsidy Assistance (LIS) programs. 800-259-5300

Louisiana Department of Motor Vehicles

225-925-6146
318-676-5858 (Shreveport)
www.dps.louisiana.gov

■ Discounted Rates for Driver's License Renewal - Ages 70 and above, there is no late fee for an expired license

■ State ID Card - For persons Ages 60 and older, there is no charge for this ID card, never expires and no charge for duplicates and replacements. Severely handicapped can renew Mobility Impaired placards by proxy.

Louisiana Department of Revenue

225-219-0102
www.rev.louisiana.gov

■ Ongoing Taxpayer Assistance Program - Individual income tax provides that

\$6000 of annual retirement income received by an individual 65+ shall be exempt from state income tax. Annual retirement income is defined as pension and annuity income, which is included in tax table income. Certain federal, state, and other retirement benefits may be excluded from Louisiana taxable income.

Louisiana Department of Veteran Affairs

225-922-0500
800-432-8982
www.vetaffairs.la.gov

■ LDVA provides a variety of services -- professional counseling services, nursing and domiciliary care, health care, education, disability benefits, long term care, and burial honors to all eligible veterans and their family members.

Louisiana Department of Wildlife & Fisheries

225-765-2800
800-256-2749
www.wlf.louisiana.gov

■ Fishing and Hunting Licenses - Residents 60 years of age or older can obtain a fishing and hunting license for reduced fee. A federal stamp is needed to hunt ducks. Disabled veterans, national guard members, those with disabilities, or physically challenged persons, can obtain licenses at reduced fees.

Louisiana Development Disabilities Council

225-342-6804
800-450-8108
www.laddc.org

■ Advocacy for persons with developmental disabilities -- the Council's mission is to increase independence, self-determination, productivity, integration, and inclusion for Louisianans with developmen-

tal disabilities by engaging in advocacy, capacity building, and systems change.

Louisiana Housing Finance Agency

225-763-8700
888-454-2001
www.lhfa.louisiana.gov

■ Low Income Assistance Program - Lessens burden of heating and cooling expenses by making payments to energy companies and provides housing assistance on behalf of eligible households. 318-698-3600 or 318-227-9655

■ Weatherization Assistance Program - Weatherizes homes to improve heating and cooling efficiency. Reduces energy costs and improves the household comfort level. 318-861-4808

Louisiana Office of Attorney General

225-326-6079
800-351-4889 (Consumer Protection Hotline)
www.ag.louisiana.gov

■ Provides legal services to the state in the areas of consumer protection and environmental law, insurance receivership, and fair housing.

Louisiana Office of Financial Institutions (OFI);

Securities Division - Investment Fraud
225-925-4512
www.ofi.la.gov/

SecuritiesInvestorEd.htm

■ Investment Fraud Info -- Offers speakers for groups on investment fraud schemes and fraudulent sales practices used in securities fraud. Provides confidential background checks upon written request on investment professionals who are legally registered to sell securities in Louisiana, including out-of-state solicitors. Can verify a security to

be purchased is legally registered to be sold in Louisiana or to verify that the security is legally exempt from being registered. An individual can also register a confidential complaint about securities fraud.

Louisiana Office of State Parks

225-342-8111
888-677-1400

www.lastateparks.com

■ Golden Age Passport --provides a 50% discount on camping fees at Louisiana State Parks. Entrance fees to most Louisiana State Parks is FREE for persons 62+ and older and for disabled veterans with a state park permit. 888-677-1400

Louisiana Rehabilitation Services

225-925-4131;
800-737-2958

www.dss.louisiana.gov

■ Newslines and Information Service for the Blind -- provides access to national and local newspapers through the phone line, and operates Project COPE. 800-737-2958

■ The Commission for the Deaf --- ensures that LA's public and private services are accessible to deaf, deaf-blind, hard of hearing, and the speech impaired. 800-737-2958

Louisiana Workforce Commission

225-342-3111;
866-783-5567
www.laworks.net

■ Work programs -- provides assistance regarding career solutions, licensing guidelines, workers' compensation, unemployment benefits, job training, job location, labor laws, and Veterans information.

Volunteer Louisiana

225-342-2038

www.volunteerlouisiana.govwww.seniorcorps.org

■ Helps communities find volunteers over the age of 55 to be part of various programs throughout the state, including Foster Grandparent Program, Senior Companion Program, RSVP, and others.

Agencies - National**AARP**

888-687-2277

www.aarp.org

A national non-profit organization that advocates for those age 50 and older, providing a range of benefits, services, and information.

Administration on Aging

202-401-4634

www.aoa.gov

Policy, development, planning, and delivery of supportive home and community-based services seniors and caregivers.

American Association of Poison Control

800-222-1222

[www.aapcc.org/
get-poison-help](http://www.aapcc.org/get-poison-help)

Available 24/7 to answer questions about poisons.

American Bar Association Commission on Law & Aging

800-285-2221

www.abanet.org/aging

Responds to law-related needs of older people. Makes referrals and maintains a listing of legal aid offices where older people can get free or low-cost legal assistance.

American Seniors Association

800-951-0017

www.americanseniors.org

A national non-profit

association for offering information and discounts for its senior members.

Association of Mature American Citizens

888-262-2006

www.amac.us

A national non-profit association for seniors boomers offering information and discounts for members.

Centers for Medicare and Medicaid

877-262-2323

800-633-4227 (Medicare)

www.medicare.govwww.healthcare.gov

Agency within US Dept. of Health and Human Services responsible for Medicare, HIPAA, and CLIA in partnership with state governments to administer Medicaid.

Eldercare Locator

800-677-1116

www.eldercare.gov

Nationwide assistance helping elderly and caregivers locate resources.

MEDLINE Pluswww.medlineplus.gov

Up-to-date health care information from the National Library of Medicine.

National Eating Disorders Association (NEDA)

800-931-2237

nationaleatingdisorders.org**National Family Caregivers Association DBA****Caregiver Action Network**

202-454-3970

www.caregiveraction.org

Grass roots organization providing advocacy, support, and info for family who care for chronically ill, older, or disabled relatives.



BALENTINE
AMBULANCE SERVICE
(318) 222-5358

"Caring - A Family Tradition"

Balentine Ambulance and /Medical Transportation, Inc. was founded in 1978 by Mr. Ralph Balentine. He was committed to helping the residents in the Shreveport/Bossier Metroplex and has never strayed from the place he calls home. The employees today still follow in Mr. Balentine's footsteps by providing quality services for our patients.

We treat each individual as if they were a member of our own family. With our highly-trained staff, we are capable of tailoring our services to meet each individual's specialized needs.

Every employee undergoes a minimum of 50 hours of continuing education each year in order to stay abreast of the ever-changing technologies in the medical field.

In 2024, the 46th anniversary of our company's founding, we pledge to reaffirm our slogan with every call: "Caring - A Family Tradition."

National Institute on Aging
800-222-2225

www.nia.nih.gov

Research on aging processes, disease and the special problems and needs of older people.

National Suicide Prevention
- Call 988

www.988lifeline.org

Provides 24/7 free and confidential support for people in distress to prevent suicide

RAINN – National Sexual Assault Hotline

800-656-4673

www.rainn.org

Addresses sexual violence and networks with other providers for individual assistance.

RxAssist Program

www.RxAssist.org

National database to find

free medications through drug companies' patient assistance programs.

Social Security Administration

800-772-1213

www.ssa.gov

A social insurance program consisting of retirement benefits, survivors' benefits, disability insurance, & supplemental security income.

The National Parks and Federal Recreational Lands

888-275-8747

www.usgs.gov

Senior Pass Program is available to US citizens who are 62 years of age or older and can be used at Federal recreation sites across the nation.

Councils on Aging

Caddo Council on Aging
1700 Buckner Street, Ste 151
Shreveport, LA 71101
318-676-7900 Ext 239

www.caddocoa.org

■ Assistance and information – Call 318.676.7900 for info, services and resources. View resource directory at caddocouncilonaging.org.

■ Aging & Disability Resource Center of Northwest LA - Serving seniors & disabled adults in Bienville, Bossier, Caddo, Claiborne, DeSoto, Red River, Natchitoches, Sabine, and Webster Parishes.

■ Assist with applications for programs to assist with Medicare costs, including Low Income Subsidy and Medicare Saving Programs and QMB Medicaid. 1.800.256.3003 or 318.676.7900

■ Caregiver Respite - Short-

term temporary relief care is provided for caregivers so that they may have a break from senior care.

■ Congregate Meals - Activities and lunch,

- A.B. Palmer Community Center, 547 E. 79th St., Shreveport. 673-5336. Monday - Friday 9 am - 1 pm. Lunch @ 11:00

- Airport Park Community Center, 6500 Kennedy Dr., Shreveport. 673-7803. Monday - Friday 9 am - 1 pm. Lunch @ 11 am.

- Bilberry Park Community Center, - 1902 Alabama Ave, Shreveport 673-5345. Monday – Friday 9am – 1 pm. Lunch @11 am

- Cockrell Community Center, 4109 Pines Road, Shreveport. 629-4185. Monday - Friday 10 am - 12 noon. Lunch @ 10:30 am.

- David Raines Com-



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CERTIFIED MEDICAID PLANNER™

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munity Center, 2920 Round Grove Lane, Shreveport. 673-5342. Monday – Friday 9 am - 1 pm. Lunch at 11:30 am. Transportation available on a limited basis. Call for more information.

- Hattie Perry Community Center, 4300 Ledbetter, Shreveport. 673-7810. Monday – Friday 9 am – 12 pm. Lunch @ 11:00 am.

- Mamie Hicks Community Center, 200 Mayfair Dr, Shreveport. 673-6416. Monday - Friday 10 – 12 pm. Lunch served @ 11 am

- Martin Luther King Community Center, 1341 Russell Road, Shreveport. 670-7671. Monday – Friday 9:30 am - 1:30 pm. Lunch @ 11:30 am. Transportation available on a limited basis. Call for info.

- New Hill, 8725 Springridge Texas-Line Rd, Keithville. 925-0529. Thursday 9 am - 12 noon. Lunch @ 11:00 am.

- Oil City Community Center, 110 Furman St., Oil City. Monday & Friday - 9 am - 12:30 pm. Lunch @ noon

- Southern Hills Community Center/Senior Center, 1002 Bert Kouns Industrial Loop, Shreveport. 673-7818. Monday - Friday 10 am - 12:30 pm. Lunch @ 12:00 noon

- Disease Prevention – Fall Prevention workshops in the spring and fall.

- Homemaker -A trained worker will perform light household tasks for homebound seniors.

- Legal Services – Provide referrals for individual counseling

- Long Term Care Resources & Options - Help navigate complex system of Long-Term Care

- Medicare Counseling

- Answer Medicare coverage questions & provide Medicare 101 presentations.

- Medicare Part D Application - Assistance finding the best plan through medicare.gov

- Medicine Assistance - Help seniors and disabled adults complete applications to drug companies free or discounted prescriptions.

- Meals on Wheels – Deliver 5 meals weekly to homebound seniors unable to shop or cook for themselves. \$10 weekly donation suggested.

- Medical Alert - Senior emergency response system provided by Acadian on Call for a monthly fee. System gives immediate access to medical care in case of accidents.

- Nursing Home Ombudsman – Advocate, investigate and resolve senior's nursing home complaints. Serving Bienville, Bossier, Caddo, Claiborne, DeSoto, Red River, and Webster Parishes. Call 1.800.256.3003 or 318.676.7900.

- Personal Care – A trained attendant will assist with bathing, showering, grooming, dressing, etc. for homebound seniors

- Senior Related Presentations, Speakers, and Activities

- Sheriff's Operation Safeguard - Caddo Parish Sheriff's Office helps reunite persons with Alzheimer's who have become lost. Participants are given a special ID bracelet containing info stored in the Sheriff's Office database. Call 318.681.0870 to register.

Bossier Council on Aging
706 Bemark Drive
Bossier City, LA 71111
318-741-8302

www.bossiercoa.org

- Caregiver - Support

services are provided for family caregivers including in-home respite care(sitter) for the caregiver, education for the family, material aid. \$3/per sitter hour suggested.

- Home Delivered Meals - Provided for homebound seniors in Bossier parish. \$3/meal suggested.

- Homemaker - light housekeeping for seniors having difficulty maintaining their homes. \$3/visit suggested.

- Legal Services - Education on elder legal issues. Counseling for individuals with a local lawyer or by referrals.

- Medicaid & Food Stamp Applications - Application center and assistance filling out the forms. By appointment only.

- Medical Alert – Qualify for a discount with a referral from BCOA for a push button necklace or bracelet.

- Outreach - Home visits are made to help identify seniors for services.

- Senior Centers – throughout Bossier parish
 - Bemark Site (741-8302), 706 Bemark Dr., Bossier City. Monday through Thursday 7:30 am - 4 pm; Friday 7:30 am - 2:30 pm.

- Benton Site (965-9981), 202 Sibley, Benton, 9AM-noon, Monday - Thursday.

- Haughton Site (470-3821), 201 S. Hazel, Haughton, 9 AM - noon, Monday - Thursday.

- Transportation - Wheelchair accessible vans available to transport seniors to grocery shopping, senior centers & BX (with military ID). \$3 suggested contribution. Medical appointment transportation provided with a \$10/roundtrip charge. Also contracts with Medicaid for referrals.

Webster Council on Aging
1482 Sheppard Street
Minden, LA 71055
318-371-3056

- Centers include:
 - Cotton Valley Senior Center (832-4225), Railroad Ave., Cotton Valley; 8:30 am to 12:30 pm

- Minden Senior Center (371-3056 or 1-800-256-2853), 316 McIntyre St., Minden, LA; 8 am to 4 pm

- Springhill Senior Center (539-2510), 301 West Church St., Springhill; 8 am to 4 pm

- Congregate Meals – nutritionally balanced meals for persons 60+ and spouses provided at senior centers, served 5 days a week.

- Family Caregiver Support – support services that provide a temporary break in the tasks of care-giving. For family caregivers who are providing care for an older individual who is determined to be functionally impaired because of inability to perform instrumental functions of daily living without substantial supervision and assistance. Provided to persons caring for a homebound relative 60+, for a relative 60+ caring for a homebound child or grandchild.

- Home-Delivered Meals – Noon meal delivered to eligible home-bound elderly (illness, disability or while caring for spouse who is), 5 days a week.

- Homemaker services – Provided to those meeting specific requirements.

- Information and Assistance – Provides the individual with current information on opportunities and services within the community.

- Legal Assistance – providing legal advice, counseling, and representation by an attorney. Lectures are scheduled on a quarterly basis.

- Medicaid enrollment center – take initial Medicaid applications
- Medical Alert – linking clients with in-home emergency response system.
- Recreation – Art, crafts, hobbies, games, and trips.
- Transportation – transporting older persons to

and from community facilities and resources. Assisted transportation also provided and must be scheduled weekly in advance.

- Wellness – designed to support/improve the senior’s mental/physical well-being through exercise, physical fitness, and health screening.

Government Officials

Bossier City

Mayor Thomas H. Chandler 318-741-8501

- Bossier City Council Office:** 318-741-8520
- At Large- David Montgomery 318-424-1414
 - At Large – Chris Smith 318-918-8639
 - District 1 – Brian Hammons 318-918-8653
 - District 2 – Jeffery Darby 318-742-6908
 - District 3 – Don Williams 318-747-5320
 - District 4 – Jeff Free 318-918-8664
 - District 5 – Vince Maggio 318-747-7604

Shreveport

Mayor Tom Arceneaux 318-673-5050

- City Council Office:** 318-673-5262
- District A - Tabatha Taylor 318-517-4392
 - District B – Gary Brooks 318-918-0898
 - District C – Jim Taliaferro 318-455-0920
 - District D – Grayson Boucher 318-673-5262
 - District E – Dr. Alan D. Jackson, Jr. 318-510-4765
 - District F – James Green 318-635-7118
 - District G – Ursula Bowman 318-734-7568

Bossier Parish

Sheriff Julian C. Whittington 318-965-2203

- Bossier Parish Police Jury Office** 318-965-2329
- District 1 – Bob Brotherton 318-987-3337
 - District 2 – Glenn Benton 318-949-0851
 - District 3 – Philip Rodgers 318-990-2145
 - District 4 – John Ed Jordan 318-326-5508
 - District 5 – Julianna Parks 318-469-5807
 - District 6 – Chris Marsiglia 318-469-2123
 - District 7 – Jimmy Cochran 318-746-0174
 - District 8 – Doug Rimmer 318-773-3359
 - District 9 – Charles Gray 318-752-2976
 - District 10 – Jerome Darby 318-742-6910
 - District 11 – Tom Salzer 318-658-9080
 - District 12 – Paul M. Plummerv 318-742-7489

Caddo Parish

Sheriff Steve Prator 318-675-2170

- Caddo Parish Commission Office:** 318-226-6596
- District 1 – Chris Kracman 318-226-6596
 - District 2 – Gregory Young 318-226-6596
 - District 3 – Steven Jackson 318-226-6596
 - District 4 – John-Paul Young 318-226-6596
 - District 5 – Roy Burrell 318-226-6596
 - District 6 – Handy Giles, Sr. 318-226-6596
 - District 7 – Stormy Gage Watts 318-364-0334
 - District 8 – Grace Anne Blake 318-226-6596
 - District 9 – John Atkins 318-226-6596
 - District 10 – Ron Cothran 318-226-6596
 - District 11 – Ed Lazarus 318-426-7554
 - District 12 – Kenneth Epperson, Sr. 318-773-2654

State of Louisiana

Governor of Louisiana Jeff Landry 225-342-7015

Louisiana State House of Representatives:

- District 1- Danny McCormick 318-995-8040
- District 2- Steven Jackson 225-342-6945
- District 3- Tammy Phelps 318-632-5887
- District 4- Joy Walters 318-560-4059
- District 5- Dennis Bamburg 318-588-2014
- District 6- Michael Melerine 318-553-2259
- District 7- Lawrence Bagley 318-925-9588
- District 8-Raymond J. Crews 318-716-7532
- District 9- Dodie Horton 318-949-2463
- District 10- Wayne McMahan 318-371-3092

Louisiana State Senators:

- District 36- J. Adam Bass 318-741-2812
- District 38- Thomas A. Pressly 318-862-9920
- District 39: Sam L. Jenkins 318-632-5970

U. S. Government


- President Joe Biden 202-456-1111
- U.S. Congressman Mike Johnson 202-225-2777
- U.S. Senator John N. Kennedy 202-224-4623
- U.S. Senator Bill Cassidy 202-224-5824

Help Lines

*BC = Bossier City; SHV = Shreveport
BP= Bossier Parish; CP= Caddo Parish*

HOTLINES

- Alcohol/Drug abuse hotline 877-664-2248
- Alcoholics Anonymous 318-865-2171
- Bureau of Alcohol, Tobacco & Firearms 800-800-3855
- Cancer National Institute information 800-422-6237
- Child Abuse Hotline 855-452-5437
- Child (Lost) Locator hotline 800-426-5678
- Compulsive Gambling Hotline 877-770-7867
- Consumer Product safety complaints 800-638-2772
- Consumer Credit complaints 888-525-9414
- Crime Stoppers information 318-673-6633 SHV
- 318-424-4100 BC



Move freely, live boldly

LONG LIVE YOU

Whether you're taking your first steps or the most seasoned athlete, the orthopedic experts at Ochsner LSU Health offer comprehensive care for all surgical and nonsurgical orthopedic and sports medicine needs. Our specialists are fellowship-trained and board-certified. Our physicians and patient care teams provide outstanding surgical and nonsurgical care by using the latest, most innovative technology and techniques. Dedicated to comprehensive care, our team works with patients every step of the way from diagnosis and treatment through follow-up appointments.

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[ochsnerlsuhs.org](https://www.ochsnerlsuhs.org)

**Ochsner** | **LSU Health**
SHREVEPORT
CENTER FOR ORTHOPAEDICS & SPORTS MEDICINE

Death investigation 318-226-6881 CP
 318-742-0579 BP
 Digging on property (unauthorized) 811; 800-272-3020
 Disease Control and Prevention 404-639-3311
 Domestic Violence Hotline 800-799-7233
 Do Not Call Program 800-256-2397
 Drug Helpline 800-662-4357
 Elderly abuse or neglect (NWL) 318-676-5200
 Elderly abuse or neglect (LA) 833-577-6532
 Elderly crime victim 318-681-0871 CP
 318-965-2203 BP

Emergency 911
 Environmental Quality problem 888-763-5424
 Equal Employment Opportunity 800-669-4000
 Federal Bureau of Investigation 318-861-1890
 Federal Information Hotline 800-333-4636
 Fire (non-emergency) 318-673-6650 SHV
 318-741-8708 BC
 Forest fires 800-242-3473
 855-452-5323
 Fraud Hotline 800-477-8477
 Gambling Addiction Problems 877-770-7867
 Homeland Security 318-635-7873
 Louisiana State Police 318-747-7411
 Louisiana Highway Safety Hotline 800-259-4929
 Medicare Information Hotline 800-633-4427
 Medical transportation (emergency) **911**
 Missing person 318-673-7300 SHV
 318-741-8611 BC
 National Weather Service 318-631-3669
 Natural Gas emergencies 800-992-7552
 Obscene or harassing phone calls 318-557-6222
 Police Investigations 318-673-7210 SHV
 318-741-8641 BC
 Police (non-emergency) 318-673-7300 SHV
 318-741-8611 BC
 Poison Control Center Hotline 800-222-1222
 Postal Service Hotline 800-275-8777
 Public Utility Company Problems 318-676-7464
 800-256-2412
 Railroad emergencies 800-232-0144
 Social Security Administration 800-772-1213
 Stolen automobile, boat, or other 318-673-7300 SHV
 318-741-8641 BC

Suicide and Crisis Lifeline 988
 SWEPCO electricity problems 888-216-3523
 Terrorist activities 318-221-8439
 504-816-3000
 Toxic chemical and oil Spills 800-424-8802
 Toxic or oil spills on roads or property 800-424-8802
 US Customs and Border Protection 504-670-2404
 US Secret Service 318-676-3500
 Water and Sewage emergency 318-673-6200 SHV
 318-741-8466 BC
 Workforce Commission 866-783-5567

REPORTING PROBLEMS OR COMPLAINTS

Animals or rats on property 318-226-6624 CP
 318-741-8499 BP
 Bossier Press Tribune delivery problems 318-747-7900
 Case management services complaints 800-660-0488
Cellphone service and problems 611
 CENTERPOINT natural gas problems 866-275-5252
 City Council issues and requests 318-673-5262 SHV
 318-741-8520 BC
 City parks problems and concerns 318-673-7727 SHV
 318-741-8463 BC
 Comcast cable service and repairs 800-226-2278
 Consumer credit complaints 888-525-9414
 Consumer or business complaints 318-222-7575
 Consumer protection problems 225-339-5191
 Dead animal removal 318-673-6300 SHV
 318-741-8402 BC
 Debris on street or highway 318-673-7300 SHV
 318-741-8611 BC
 DirectTV service problems 800-531-5000
 Discrimination and employment issues 800-669-4000
 Dish Network problems 855-318-0572
 Domestic violence situations 318-673-7300 SHV
 318-741-8641 BC
 Drug and Narcotic problems 800-662-4357
 Electricity service problems (SWEPCO) 888-218-3919
 Fire Hazards and Prevention 318-673-6740 SHV
 318-741-8704 BC
 Food or drug problems 318-676-3343
 Forgery or fraud findings 318-222-5698 SHV
 318-741-8641 BC
 Garbage/waste collection problems 318-673-6300 SHV
 318-741-8461 BC
 Health care provider problems 800-256-3068
 Health facility quality of care 800-433-4958
 High grass or weeds on property 318-673-6200 SHV
 318-741-8578 BC
 Homeland security concerns 318-425-5351
 Home health complaints 800-327-3419
 Hospital complaints 866-280-7737
 Immigration and Customs enforcement 800-973-2867
 Insurance policy complaints 800-259-5301
 Internal Revenue Service 800-829-1040
 Junk cars or other debris on property 318-673-6200 SHV
 318-741-8571 BC
 Long term care provider complaints 866-632-0922
 Medicare Fraud 877-272-8720
 Mosquito problems 318-226-6627 SHV
 318-741-8402 BC
 Natural gas leaks or problems 800-551-8261
 800-992-7552
 Nursing Home problems 318-767-7900
 888-810-1819
 Product safety issues 800-638-2772
 Property standards or zoning violations 318-673-6200 SHV
 318-741-8578 BC

Property Tax assessment	318-226-6704 CP 318-965-3400 BP	Handicapped vehicle purchases	225-379-1100
Public services complaints	318-676-7464	Health care insurance selection	800-259-5301
Railroad crossing problems	800-232-0144	Healthy Louisiana eligibility	855-229-6848
Service provider complaints	800-660-0488	Home ramps for disabled person	800-649-5215
Shreveport Times delivery problems	866-979-6397	Homestead Exemption	318-226-6705 CP 318-965-3400 BP 318-741-7314 CP 318-676-5222 BP
Stolen property	318-673-7300 SHV 318-741-8641 BC	Immunization cards	888-524-3578
Stray or noisy animals	318-226-6624 SHV 318-741-8499 BC	Kinship Care Program	318-221-2205
Street sign or traffic signal problems	318-673-6181 SHV 318-741-8402 BC	Legal assistance for low or no cost services	800-960-9109
SuddenLink Cable service and repairs	844-874-7558 BP	Legal assistance information	318-212-1011 CP
Trash or solid waste pickup problems	318-673-6300 SHV 318-741-8461 BC	Library services	318-746-7717 BP
Telephone service and repairs	877-737-2478 888-757-6500	Lift line services for disabled person	318-673-5316 SHV
Unfair or deceptive products or items	800-351-4889	Long Term Personal Care Services	877-456-1146
Unsafe structure or items on property	318-673-7300 SHV 318-741-8611 BC	Louisiana Tax return completion	800-829-3071
US Mail Service problems	318-677-2235 800-275-8777	Louisiana Taxpayer Assistance	225-219-2448
Wage and Hour Pay issues	866-487-9243	Louisiana Veteran benefits	800-827-1000
Water Bill problems	318-673-5463 SHV 318-741-8757 BC	Low Income Assistance Program	318-698-3600
Water Off and On Meter services	318-673-7626 SHV 318-741-8402 BC	Marriage licenses	318-226-6789 CP 318-965-2336 BP
Water or Sewer problems or leaks	318-673-6330 SHV 318-741-8466 BC	Meals on Wheels	318-676-7900 CP 318-741-8302 BP
		Medicaid Waiver eligibility	800-660-0488
		Medicare Claim submission	800-462-9666
		Medical transportation (non emergency)	855-325-7626
		Medicare Savings Program	888-514-7996
		Mental health services	866-416-5370
		Metropolitan Planning	318-673-6200 SHV 318-741-8824 BC

SEEKING INFORMATION

Barksdale AFB retiree benefits	318-456-5976	Parks and Recreation	318-673-7727 SHV
Boat Registration	318-676-7594	Parking ticket information	318-741-8463 BC 318-222-0290 SHV
Building permits	318-673-6100 SHV 318-741-8571 BC	Prescription medication assistance	318-741-8835 BC 877-340-9100
Buyers and Renters Counseling	800-358-6216	Property Assessment and Taxes	318-336-6704 CP 318-965-2213 BP
Citizen or neighborhood issues	318-673-7397 SHV 318-741-8352 BC	Sheriff's Office	318-675-2170 CP 318-965-2203 BP
Community Development	318-673-5900 SHV 318-741-8560 BC	Social Security Benefits	800-772-1213
Developmentally disabled person benefits	318-741-7455 800-862-1409	Social Security Hearings and Appeals	318-676-3850
Disability Determinations	800-256-2266	Social services	211
Domestic Violence information	800-799-7233	Tax Payer Assistance	318-676-7500
Driver's license and vehicle registration	225-925-6146	Telemarketing calls	800-676-0773
Elder Care service locator	800-677-1116	Tourist and Convention assistance	318-222-9391
Federal Aviation Administration	318-424-1418	Transportation needs	318-676-7900 CP 318-741-8302 BP
Federal services and benefits	800-688-9889 844-872-4681	Registering vehicles	225-925-6146
Federal Tax return completion	800-829-1040	Unemployment Benefits	866-783-5567
Fishing and hunting licenses	800-344-9453 888-765-2602	Veterans Affairs	225-922-0500
Flu/Pneumonia shots	318-865-9545	Vital and birth records	318-676-5201 CP 318-965-2336 BP
Food Assistance	318-675-2400	Voter Registration	318-226-6891 CP 318-965-2301 BP
Food Stamp eligibility	318-676-7600	Weatherization Program	318-861-4808
Foster Grandparent Program	318-676-7884	Workmen's Compensation	800-209-7173

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In Your Neighborhood **Call today for more information at (318) 221-1983.**



Angie Hayes
Administrator

Highland Place Rehab & Nursing Center

1736 Irving Place,
Shreveport, LA 71101
www.highlandplacercn.com

Main Number: (318) 221-1983
Admissions: (318) 841-8704



Highland Place welcomes all persons in need of our services without regard to race, age, disability, color, national origin, religion, marital status, gender and will make no determination regarding admissions or discharges based upon these factors. We comply with Section 504 of the Civil Rights Act.

Assistance
Abuse and Fraud Assistance

Bossier Parish Sheriff's Office
Elder Services
318-965-2203

Caddo Sheriff's Office
Elderly Crime Victim Assistance
318-681-0869

Gingerbread House
318-674-2900

Louisiana Elderly Protective Services
Adult Protective Services
800-898-4910

Louisiana Senior Medicare Patrol Program
AdviseWell, Inc
P. O. Box 2228
Gonzales, LA 70707
877-272-8720
www.stopmedicarefraud.org

Senior Medicare Patrol programs help Medicare and Medicaid beneficiaries prevent, detect and report health care fraud. In doing so, they not only protect older persons, they also help preserve the integrity of the Medicare and Medicaid programs.

National Suicide Prevention Hotline
988

Project Celebration
Domestic Violence Outreach office
318-221-8003

Project Celebration
Sexual Assault Outreach Office
318-227-7900

Shreveport City Police Crime Prevention
318-673-6940

Shreveport City Police
Crime Victim Assistance
318-226-6794

Shreveport City Police
Forgery and Fraud Unit
318-673-6985

Senior Care Advocacy
318-550-4417

Sexual Assault and Abuse Hotline
800-656-4673

Clothing Assistance

Clothing Closet of Linwood Baptist Church
318-631-4467

Clothing Closet of Macedonia House
318-636-7222

Clothing Closet of Christian Services
318-221-4857

Common Ground Community
318-210-9907

Christian Services Program
318-221-4857

Dress for Success Shreveport
318-674-3509

Families United for Change
318-220-0072

Galilee Baptist Church Social Concerns
318-221-2629

Goodwill Thrift Store
318-868-4701

Housing Authority of City of Shreveport
318-698-3640

Material Center
318-222-2435

Pool of Soloam Ministry
318-631-2212

ReNesting Project, Inc.
318-747-5520

Salvation Army Family Store
318-226-1110

Shreveport- Bossier Rescue
Mission
318-227-2868

Summer Grove Baptist Church
– Compassion House
318-683-6977

St. Vincent de Paul Society
318-865-7807

**Financial and Bill
Assistance**

American Red Cross
318-865-9545

Bossier Office of Community
Services
318-747-1045

Caddo Community Action
Agency
318-861-4808

Caddo Community – Utility
Assistance
318-425-2401
318-222-2436

Catholic Charities of North
Louisiana
318-865-0200

Christian Services Program
318-221-4857

Community Service Centers
318-222-2436
318-425-2401

Common Ground
Community
318-606-5024

Crime Reparations
225-242-1749

Emergency Broadband
internet Benefit
855-754-6543

Emergency Rent and Utilities
Financial Assistance
318-865-0200

Free Smoke Detector Program
318-673-6740

Galilee Baptist Church -Social
Concerns
318-221-2629

Gas and Rent Financial
Assistance
318-424-3200

Hope House by Holy Cross
Episcopal Church
318-220-7649

Life Needs Financial Assistance
602-845-1390

Lifeline mobile phone
program
888-321-5880

Money Management
International
318-797-0885

Philadelphia Center
318-222-6633

Salvation Army
318-424-3200

Shreveport Water Assistance
Program
318-671-5800

**Social needs assistance
211**

Social Security
Administrations
800-772-1213

Socialization Services
318-671-5800

Southwestern Electric Power
Company (SWEPCO)
888-216-3523

St. Vincent De Paul Society
318-865-7807

United Way of Northwest
Louisiana
318-677-2504

Veterans Affairs
318-861-1776

Weatherization Assistance
Program (WAP)
318-861-4808

Food Assistance

Angel Food Ministries
318-869-1204

Bernstein Development
318-636-2063

Catholic Charities of North
Louisiana
318-865-0200

Christian Service Program
318-221-4857

Common Ground
Community
318-210-9907

Compassion House
Summer Grove Baptist
Church
318-683-6977

Families United for Change
318-220-0072

First Methodist Bossier
Helping Hands
318-742-3823

**Food Bank of NWLA
318-675-2400
www.foodbanknla.org**

Food Pantry of Linwood
Baptist Church
318-631-4467

Galilee Baptist Church
318-221-2629

Housing Authority of City of
Shreveport
318-698-3640

Hope Connections
318-670-4591

Hub Urban Ministries
318-606-2518

Material Center- Food Bank
318-222-2436

**Meals on Wheels
Caddo Parish: 318-676-7900
Bossier Parish: 318-741-3802**

Noel Neighborhood Ministries
318-424-0434

Philadelphia Center
318-222-6633

Salvation Army
318-424-3200

Showers of Blessing Ministry
318-861-2472

Shreveport- Bossier Rescue
Mission
318-227-2868

Shreveport Green
318-219-1888

The Highland Center
318-673-8440

St. Vincent de Paul Society
318-865-7807

United Way of Northwest
Louisiana
318-677-2504

WIC- women, infants &
children
318-741-7314

Woody's Home for Veterans
318-425-1928

General Assistance

211 (United Way of NWLA)

Dial 211 to speak with a trained specialist who will help you access basic services, even at times of disaster. FREE! You can also use the online Service Directory to search for resources near you. <https://unitedwaynwla.org/2-1-1/>

Aging and Disability Resource Center

1700 Buckner Street, Ste. 240

Shreveport, LA 71101

318-676-7900;

800-256-3003

www.caddocoa.org

Info and counseling on long term care support options. Help with crisis intervention, applications for Prescription Assistance Program, Medicare counseling and assist with Part D selection, find health and social support options, support families in caring for loved ones, ensure clients understand long term care options.

American Red Cross
NWLA Chapter
805 Brook Hollow Drive
Shreveport, LA 71105
318-865-9545
www.louisianaredcross.org

Bossier Council on Aging

706 Bearkat Drive

Bossier City, LA 71111

318-741-7490

www.bossiercoa.org

Provides services to seniors (over 60) of Bossier Parish that allow them to remain independent and active in the community.

Caddo Council on Aging

1700 Buckner Street, Ste 151

Shreveport, LA 71101

318-676-7900 Ext 239

www.caddocoa.org

Local aging program that provides information and ser-

vices on a range of assistance for older adults (over 60) and those who care for them.

Community Development

401 Texas Street

Shreveport, LA 71101

318-673-5900

www.shreveportla.gov/dept/cd

Seeks to develop the citizen's ability to identify community programs.

Community Renewal Int.

838 Margaret Place

Shreveport, LA 71101

318-425-3222

www.communityrenewal.us

Works to restore safe and caring communities through personal relationships.

Social Security Administration

1240 South Pointe Parkway

Shreveport, LA 71105

877-319-3074

www.socialsecurity.gov

Provides Social security benefits, disability benefits, and other federal benefit programs for eligible persons

Heart of Hope

Family Assistance Services

318-925-4663

Health Care Assistance

American Red Cross

318-865-9545

Bossier Parish Public Health

Unit

318-741-7314

Bossier Office of Community

Transportation Services

318-747-1045

Caddo Council on Aging

318-676-7900

Caddo Parish Health Unit

318-676-5222

Community Service Centers

318-222-2436; 318-425-2401

David Raines Community

Health Centers

318-425-2252

Help Hands for Community

Development

318-227-1113

Louisiana Medicaid Program

318-862-9875

Martin Luther King Health

Center

NWLA Interfaith Pharmacy

318-227-2912

New Horizons Independent

Living Center

318-671-8131

Philadelphia Center

318-222-6633

Pool of Soloam Medical

Ministry

318-631-2212

Southern Ingenuity

318-747-0513

St. Luke's Episcopal Medical

Ministry

318-424-0156

Housing Assistance

ARC of Caddo-Bossier

318-221-8392

Bossier Office of Community

Services

318-747-1045

Bossier Section 8 Housing

318-747-7823

Caddo Community Action

Agency

318-861-4808

Catholic Charities of

Shreveport

318-865-0200

Christian Services – Mother

Stewart House

318-222-3363

Community Support

Programs

318-865-1422

Family Life Community

Development

318-636-6152

Families Helping Families –

Region 7

318-226-4541

Hope Connections

318-670-4591

Housing Authority of City of

Shreveport

318-698-3600

Housing Authority of Bossier

City

318-549-1556

Housing and Urban

Development

415-489-6400

Providence House

318-221-7887

Philadelphia Center

318-222-6633

Renesting Project

318-747-5520

Salvation Army of Shreveport/

Bossier

318-424-3200

Shreveport-Bossier Rescue

Mission

318-629-8488

St. Vincent De Paul Society

318-865-7807

United Way of Northwest

Louisiana

318-677-2504

Urban Housing of America

– Louisiana

318-621-9263

\$2,940 a year for groceries and more



The Healthy Options allowance can help qualifying members pay for everyday essentials like groceries, rent and utilities. And it's included with our Humana Gold Plus SNP-DE H1951-057 (HMO D-SNP) plan. Here's how it works:

- Each month, a Healthy Options allowance of \$245 is added to your prepaid Visa® Humana Spending Account Card.
- You can swipe your card at thousands of participating locations like Walmart, Dollar General, Publix, and more
- Any unused balance rolls over to the following month.



Call a licensed Humana sales agent

KEN COOLEY
504-812-4761
kcooleyii@humana.com
humana.com/kcooley



Call a licensed Humana sales agent

LIONEL SCOTT
504-218-6288
Lscott44@humana.com
Humana.com/lscott



Call a licensed Humana sales agent

NIYA CORDIER
504-544-1561
ncordier@humana.com
humana.com/ncordier

Humana. A more human way to healthcare™

* Allowance amounts cannot be combined with other benefit allowances, used to purchase Medicare-covered prescriptions or converted to cash. Limitations and restrictions may apply.

† Allowance amounts cannot be combined with other benefit allowances, used to purchase Medicare-covered prescriptions or converted to cash. Limitations and restrictions may apply.

‡ Allowance amounts cannot be combined with other benefit allowances, used to purchase Medicare-covered prescriptions or converted to cash. Limitations and restrictions may apply.

Humana is a Coordinated Care HMO SNP plan with a Medicare contract and a contract with the state Medicaid program. Enrollment in this Humana plan depends on contract renewal. Applicable to Humana Gold Plus SNP-DE H1951-057 (HMO D-SNP). **At Humana, it is important you are treated fairly.** Humana Inc. and its subsidiaries comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion or language. **English:** ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call **877-320-1235 (TTY: 711)**. **Español (Spanish):** ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **877-320-1235 (TTY: 711)**. **繁體中文 (Chinese):** 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 **877-320-1235 (聽障專線: 711)**。

Y0040_GHHL9YHTE_24_AD_M

Volunteers of American –
North Louisiana
318-221-2669

**Job Training and
Employment Assistance**

Bureau of WorkForce
Development
City of Shreveport
318-673-5900

Catholic Charities of N. LA.
318-865-0200

Dress for Success Shreveport
318-828-2983

Employment Services
Assistance
318-671-8131

Goodwill Industries of N. LA.
318-868-4701

Head Start
318-868-6360

Housing Authority of City of
Shreveport
318-698-3640

Job Corps Career
Development Services
318-227-9331

Jobs for Veterans
318-676-7748

LA Department of Labor
318-676-7788

Louisiana Rehabilitation
Services
318-676-7155

New Horizons Independent
Living
318-869-4300

Senior Employment Program/
Ayuda
318-221-7611

Shreveport Bossier Rescue
Mission
318-629-8488

Vocational Rehabilitation
Louisiana Workforce
Commission
318-676-7155

Workforce Commission of
Bossier Job Service
318-741-7379

**Prescription Drug
Assistance**

Aging and Disability Resource
Center
1700 Buckner St., Suite 240
Shreveport, LA 71101
318-676-7900
www.louisianaseniiorrx.org

Martin Luther King Health
Center
NWL A Interfaith Pharmacy
865 Olive Street
Shreveport, LA 71104
318-227-2912
www.mlkhealth.org

The Pool of Siloam Medical
Ministry
4140 Greenwood Road
Shreveport, LA 71109
318-631-2212
www.poolofsilaoam.org

www.RxAssist.org
National database to find
free medications through
drug companies' Patient
assistance programs.

**Substance Abuse
Assistance**

Compulsive Gambling
Hotline
877-770-7867

Counseling Services
318-869-1632

Council on Alcoholism and
Drug Abuse(CADA)
318-222-8511

Eating Disorders Hotline
800-931-2237

LA Office of Behavior Health
Counseling services
318-862-3085

LA office of Behavior Health
Substance Abuse treatment
programs
318-425-3400

National Suicide Prevention
Hotline
988

Oakwood Home for Women
318-221-9452

Palmetto Addiction Recovery
Center
318-728-2970

Senior Care Advocacy
318-550-4417

Sexual Assault and Abuse
Hotline
800-656-4673

Sober Living Homes
www.oxfordhousela.org

Substance Use Disorder SUD
program
800-827-1000

Support Groups

Support groups are made
up of people with common
interests and/or experiences
and are a place for people to
give and receive emotional and
practical support as well as to
exchange information, tips and
resources.

A Place That Warms the Heart
- Grief
318-317-9329

Alcoholic Anonymous
318-865-2172

Alzheimer's Association
318-861-8680

Alzheimer's/Dementia
Caregiver Support Group
318-865-7177

Alzheimer's and Dementia
support group
First Presbyterian Church
318-222-0604

Alzheimer's and Dementia
support group
Savannah Grand of Bossier
City
318-549-1001

Alzheimer's and Dementia
support group
The Blake in Bossier City
318-752-6611

Bereavement Support Group
- Adult
Willis Knighton Health
Center
318-212-8225

Bi Polar Support Group
318-949-2159

Breast Cancer Support Group
318-681-4138

Broadmoor Presbyterian
Church
318-868-3659

Cancer Support Group
Willis Knighton Health
Center
318-212-8225

Caregiver Support Group
Noel Memorial
318-221-5207

Community Support Program
318-221-1025

Feist-Weiller Cancer Center
Cancer Control Partnership
318-813-1461

Feist Weiller Cancer Center
Cancer Survivorship Clinic
318-626-4124

Feist Weiller Cancer Center
Cancer Side Effects Clinic
318-626-4124

Feist Weiller Cancer Center
Cancer Patient Support
Groups
318-470-6180

Feist Weiller Cancer Center
Sickle Cell Patient Support
Group
318-470-6180

Fibromyalgia Support Group
Willis Knighton Heart
Institute
318-212-4720

Grandparents as Parents
(GAP)
318-865-2070

Heart to Heart Support Group
318-212-8225

Laryngectomy - New Voice
Club
VA Medical Center
318-990-5390

Live At Home LA
Coalition to advocate living at
home as long as possible
225-376-1151

Look Good, Feel Better
800-227-2345

Louisiana Association on
Compulsive Gambling
318-227-0883; 318-424-4344

Lymphedema Support Group
Willis Knighton Health
Center
318-212-8225

Man to Man Prostate
Education
Willis Knighton Health
Center
318-212-8225

Men to Men: Support Group
for Men with Cancer
318-212-8225

Multiple Myeloma Support
Group
Willis Knighton Health
Center
318-212-8225

NWLA Scleroderma Support
Group
318-373-3459

Oakwood Home for Women
318-221-9451

Overcomers Recovery Support
Group
318-687-4777

Overeaters Anonymous
Support Group
318-677-4002

Parkinson's Caregiver Support
Group
318-549-9744; 318-675-6148

Parkinson's Support Group
WKHS Kerlin Memorial
Conference Center
318-716-4821

Post-Polio Support Group
WKHS Kerlin Memorial
Conference Center
318-716-7720

Prostate Cancer Group
Regional Urology
318-683-0411

Self Help For Hard Of
Hearing
318-868-7603

Shreveport-Bossier Ostomy
Support Group
318-688-4830

Stroke Support Group
WK Pierremont Health
Center
318-752-3138

Sophia Therapy Group
318-797-0084

Suicide Support Group
318-518-7239

The Bridge House Sober
Living
318-222-9782

The Bridge Alzheimer's &
Dementia Resource Center
318-656-4800

Tobacco Cessation Program
"WK Quit"
Willis Knighton Health
System
318-212-8225

Veterans Support Groups
Offers many types of support
groups
318-861-1776

Woman to Woman: Caring
For The Mind, Body &
Spirit
Willis Knighton Health
Center
318-212-8225

Tax Filing Assistance

AARP Tax Aide Locator
(888) 227-7669

Caddo Community Action
Agency, Inc.
318-861-4808

Caddo Community Action
Agency, Inc.
David Raines Site
318-425-2401

Caddo Community Action
Agency, Inc.
Lakeside Site
318-222-2436

Highland Center Ministries
-- VITA Site
318-673-8440

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- Cranial Helmets for Babies
- Pedorthotics

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Internal Revenue Service (IRS)
 • General - (800) 829-1040
 • Refund status
 800-829-4477
 www.irs.gov

Louisiana Dept. of Revenue
 318-676-7505

Morning Star Baptist Church
 -- VITA Site
 Sadies Arms, Inc.
 318-426-7382

New Horizons Independent
 Living – VITA Site
 318-671-8131

Transportation Assistance - Medical

AmPm Medical Transportation
 318-686-3314, cell 426-6709
 Lift capable. Monday -
 Friday 5am - 6pm; Saturday
 - Dialysis only

Angel Medical Transportation
 318-686-7381
 Medical only/non-emergen-
 cy. Monday-Saturday 5:30 am
 - 7:00 pm.

**Balentine Ambulance Service
 3516 Mansfield Road
 Shreveport, LA 71103
 318-222-5358**

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 24 Hour service, basis and
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 care and Medicaid approved.
 Providing transportation to
 and from hospitals, nursing
 homes, rehabilitation services,
 and medical appointments.

Bossier Council on Aging (Lift
 Capable)
 318-741-7358

Bossier Parish Residents
 60+. Transportation for doctor
 appointments and shopping
 in Bossier Parish. Medicaid
 accepted.

Bossier Office of Community
 SVS (transportation)
 318-747-1045
 Louisiana transit. Lift
 capable. Bossier Parish Only/
 Medicaid or cash.

Disabled Vets (DAV)
 318-221-8411 Ext. 7025
 No lift available. Transporta-
 tion to VA Medical Center for
 disabled vets.

LIFTLINE (SporTran)
 318-673-5316
 Lift capable. Medical and
 non-medical. Must qualify
 under ADA guidelines. 5:30
 am - 12:15 am weekdays; 7:15
 am - 12:15 am Saturdays; 8
 am - 5 pm Sundays.

Louisiana State Medicaid
 Transport
 1-800-259-7235
 Lift capable. Medical only.
 Have Medicaid number avail-
 able when calling. 8 am to 5
 pm Monday-Friday.

M&J Transportation
 318-687-3712; 318-572-1232
 Lift capable Medical and
 non medical.

Medical Transportation (for
 LA Medicaid Recipients)
 • Non-Emergency Trans-
 portation - For any Louisiana
 Medicaid recipient that lacks
 transportation to medical care,
 call 1-855-325-7626.

• Medical Transportation –
 For Medicaid recipients who
 are covered under a Louisiana
 Medicaid managed care plan
 should contact the call centers
 in order to arrange for needed
 medical transportation:

- Aetna Better Health
 1-877-917-4150
- AmeriHealth Caritas
 1-888-913-0364
- Healthy Blue
 1-866-430-1101

- Louisiana Healthcare
 Connections
 1-855-369-3723
- United Health
 Community Plan
 1-866-726-1472

Quality Transportation
 318-424-7559
 Call 24 hours in advance.

Socialization Services
 318-687-9696
 Medical and non-medical.
 Low income seniors 60+
 living in the Cedar Grove/
 Hollywood/Mooretown
 area - District D. Donations
 requested. 8:30 - 3 Monday
 - Friday

VA/Veterans
 318-221-8411 Ext. 6856
 Transportation for veterans
 (lift & stretcher capable).

Willis Transportation
 318-658-9133
 Medicaid provider for
 Caddo and Bossier Parishes
 only.

Transportation Assistance - Non Medical

- Air**
- Allegiant Airlines
 702-505-8888
 - American Airlines
 800-433-7300
 - United Airlines
 800-525-0280
 - Delta Airlines
 800-221-1212

- Land**
- A-1 Charter Service
 318-621-0700
 - Action Taxi:
 318-222-8294
 - Ace Cab:
 318-425-3325
 - All American Shuttle
 318-272-0444
 - Anytime Limousine
 318-470-1429

- Amtrak Train Service
 800-872-7245
- Bossier City Limousine
 318-746-5466
- City Link:
 318-469-5175
- Dixie Tours:
 318-470-9757
- Excalibur Limousines
 318-742-6500
- Golden Stripe Cab
 318-675-0411
- Greyhound Trailways
 318-221-4205
- iShuttle:
 318-677-4388
- J&L Limo Services
 318-686-2467
- Lyft – via online or APP
 on apple and android
 devices
- Red River Coaches
 318-221-5797
- SporTran Bus
 318-673-7425
- Twin City Express
 318-207-2838
- Uber = via online or APP
 on apple and android
 devices
- Yellow Checker Cab
 318-425-7000

Rental Cars

- Avis Rent a Car
 800-331-1212
- Budget Car Rental
 318-636-2846
- Enterprise Rent a Car
 318-631-8999

Caregiving

Adult Day Care Centers

A non-residential facility
 providing supervised activities
 for elderly and/or handicapped
 persons. Most operate 10
 to 12 hours per week day
 and provide meals, social/
 recreational outings, and
 general supervision. Some
 facilities provide reminders for
 taking medications, protect
 the client from wandering
 away, decrease the feeling of
 loneliness and depression,

provide a supervised environment which gives the caregiver/family peace of mind, and provide a needed break in care giving.

Legacy Senior Day Center
318-459-9330

VOA Adult Day Health
Center
318-212-1703

Home Care Providers – Non Medical

These entities provide care in the client's place of residence (i.e. home, hospital, assisted living, or nursing home). They are not certified home health care agencies and are not able to provide services which are covered and reimbursed by the Medicare program, some Medicaid programs, and some private insurance programs. Care is generally offered on an hourly basis. Home care providers which have a license from the Louisiana Department of Health and Hospitals may provide assistance with activities of daily living: bathing, toileting, grooming, eating, dressing, transferring, continence care, companionship, light housekeeping, meal preparation, pet care, and incidental transportation. Non-licensed sitter or companion service agencies may not provide any hands-on care but may provide companionship, light housekeeping, meal preparation, pet care, and incidental transportation.

Always Best Care Senior Services

**4700 Line Avenue, Suite 111
Shreveport, LA 71106
318-424-5300**

www.abc-shreveport.com

Since 1996, Always Best Care has been providing non-medical in-home care for

seniors and others when they need it most. We have rigorous standards to ensure that your loved ones receive the highest level of in-home care. Given the choice, most of us want to stay in our homes. Sometimes, though, people need help to remain at home. That's where Always Best Care Senior Services comes in.

A First Name Basis Home
Care
318-682-8182

Assisted Family Services
318-861-5928

Bayou Companion Care
318-683-0026

Bluebird Paramedical Register
318-742-2224

Comfort Keepers
318-215-9484

Companion Home Services
318-429-7482

Delta Medical Services
318-459-1600

D and K Care Services
318-631-0805

Elite Health Solutions, LLC
318-213-5483

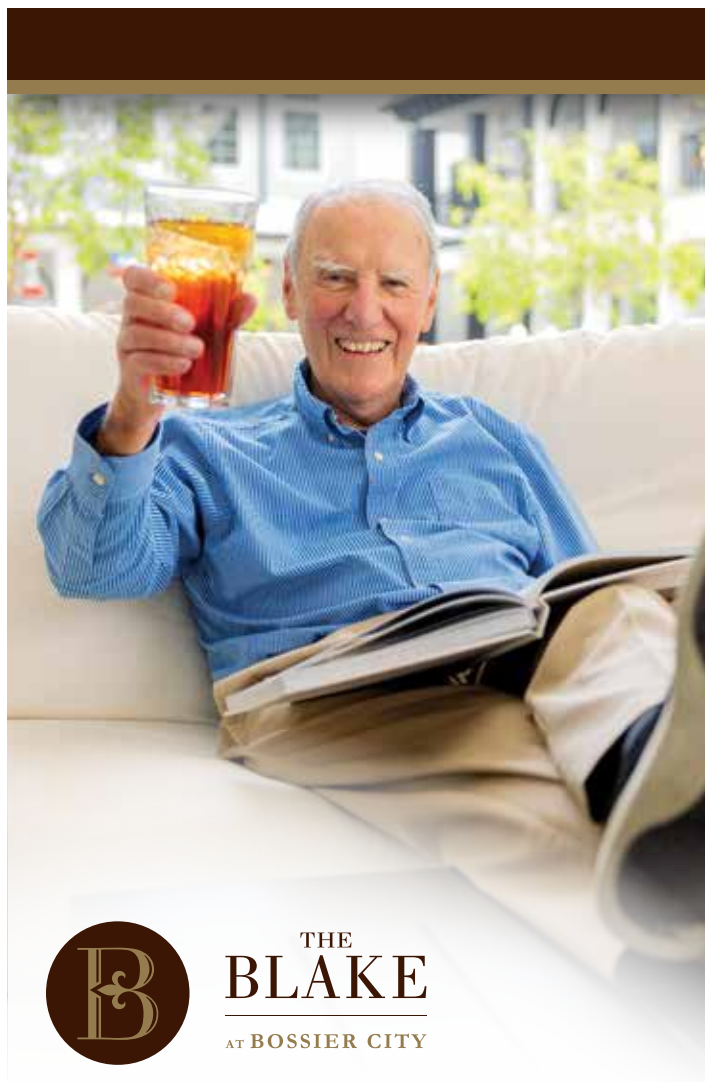
Entrum Care, Inc.
318-949-1828

Exceptional Client Care
Services
318-221-1161

Family Care Services, Inc.
318-671-1799

Home Assistance Services
318-682-8182

Home Instead Senior Care
318-741-9898



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At The Blake at Bossier City, your happiness is our top priority. That's why we make sure that everything is in place for you to live a life full of joy and refreshment. From our vibrant activity calendars to our chef-prepared dining, our community is tailored with you in mind. Plus, with amenities like our theatre, game rooms, fitness center, cafe, and full-service salon and barber shop, you'll find something to enjoy every day! Schedule your tour and start living your life to the fullest!

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blakeseniorliving.com/bossier-city

Leading Home Care
318-908-2626

Louisiana Care Tenders
318-868-3983

Malachi Professional Home Health Services
318-344-7526

New Horizons Independent Living Center
318-671-8131

Preferred Care at Home of NWLA
318-861-4632

ProActive Nursing Solutions
318-703-3788

Professional Sitter Services
318-226-5678

St. Genevieve Health Care Services, Inc.
318-221-2566

St. Matthew's Direct Care Services
318-223-2273

Home Health Care Agencies - Medical

Home health agencies are licensed and certified by a state to provide care in the patient's residence. Care must be prescribed by the patient's physician. The patient must be generally homebound. These agencies are certified to provide care services that may be reimbursed by Medicare, Medicaid, or private insurance. Services may include: skilled nursing; home health aide services; physical therapy; occupational therapy; speech therapy; social worker services, personal hygiene care, and light housekeeping. Visit www.medicare.gov to compare Medicare area certified home health agencies.

Amedisys
318-865-8865

Ark-La-Tex Home Health
318-747-6180

CenterWell Home Health
318-550-0285

Christus Home Care
318-681-7200

Elara Caring Home Health
318-742-4026

LA HomeCare of Shreveport
318-219-9549

National Homecare Services
318-869-2655

Prime Star Home Health
318-259-1410

Professional Home Health
318-861-3900

Red River Home Health Care
318-752-4662

Smart Health Care
318-747-1965

STAT Home Health
318-861-1965

TruCare Home Health West
318-703-5157

Vital Caring Group – Home Health
318-752-4662

WK Home Health
3300 Albert Bicknell #4
Shreveport, LA 71103
318-212-4180

Willis-Knighton Home Health is a full-service program providing skilled nursing for disease and pain management; infusion therapy, chemotherapy, total parenteral/enteral nutrition and wound care. Home Health also provides rehab

services, including physical therapy, occupational therapy, lymphedema therapy, and speech therapy. Other services are a medical social worker and certified nursing assistants.

End of Life Planning

Estate Planning and Legal Services

Catholic Charities of North Louisiana
318-865-0200

Legal assistance and advocacy for low income immigrants

Gilsoul & Associates, LLC
318-524-9966

Kyle A. Moore
Elder Law Attorney
9105 Ellerbe Rd, Suite A100
Shreveport, LA 71106
318-222-2100

www.weems-law.com

Offers a full spectrum of services, considering all options to develop an effective, flexible, and protective plan for a family's specific needs. Specializing in estate planning, long-term care planning, special needs planning, and successions.

Miramonte Law, Inc.
318-869-0055

Legal Aid of North Louisiana,
720 Travis Street
Shreveport, LA 71101
318-222-7186; 800-826-9265
www.lsnl.org

Provide free legal services to people below poverty guidelines and seniors with civil matters.

Louisiana Civil Justice Center
800-310-7029

Information and legal referrals for civil law issues

Louisiana Secretary of State
-- Living Wills
225-922-0309
www.sos.louisiana.gov

Northwest Louisiana Pro Bono Project
401 Market St. Suite 930
Shreveport, LA 71101
318-213-8300

Refers indigent and low-income residents of Caddo and Bossier Parishes to private attorneys who volunteer their time but handles only civil, non-fee generating cases.

Professional Civil Law Notaries Association of N. LA.
318- 797-4396
www.pclna.org

The Louisiana Civil Law Notary can draft, prepare and execute affidavits, acknowledgements and authentic acts. The Louisiana Civil Law Notary has broad powers usually reserved for attorneys in other states.

Funeral Homes and Cemeteries

Funeral homes arrange burial services in accordance with the wishes of the family and the deceased. They take care of necessary paperwork, permits, and other details, such as making arrangements with the cemetery, and providing obituaries to the newspaper. Many offer prearrangement services for those who wish to prepare their own services before death.

Aulds Funeral Home
318-797-8124

Boone Funeral Homes & Crematory
318-532-4873

Centuries Memorial Funeral Home
8801 Mansfield Road
Shreveport, LA 71118
318-686-4334
www.dignitymemorial.com

Centuries & Hill Crest are both community staples. The funeral homes & memorial parks are known for providing excellent service plus beautiful and serene grounds.

Forest Park Funeral Home
1201 Louisiana Avenue
Shreveport, LA 71101
318-221-7181
www.forestparkfh.com

Forest Park Funeral Home provides unique services to celebrate unique lives. Our team of licensed funeral directors are here to help you through some of the most difficult times you may encounter.

Good Samaritan Funeral Home
318-221-7337

Heavenly Gates
318-222-8010

Hill Crest Funeral Home
601 Highway 80
Houghton, LA 71037
318-949-9415
www.dignitymemorial.com

Centuries & Hill Crest are both community staples. The funeral homes & memorial parks are known for providing excellent service plus beautiful and serene grounds.

J. S. Williams & Son Funeral Home
318-221-6169

Osborn Funeral Home
318-865-8426

Rose-Neath Funeral Homes

- **2201 Airline Drive**
Bossier City, LA 71111
318-746-2543
- **2500 Southside Drive**
Shreveport, LA 71108
318-687-1256
- **1815 Marshall Street**
Shreveport, LA 71101
318-222-0348

Since 1932, Kilpatrick's Rose-Neath Funeral Homes, Crematorium and Cemeteries, Inc. have been serving northwest Louisiana families during the most difficult of times. This family-owned company is dedicated to providing the compassionate care families need when a loved one dies.

Winnfield Funeral Home
3701 Hollywood Avenue
Shreveport, LA 71109
318-631-0203
www.winnfieldfuneralhome-shreveport.com

Winnfield Funeral Home-Shreveport provides funeral and cremation services to families with care and compassion. For eighty five years, the Louisiana communities we serve have trusted Winnfield Funeral Homes to help them plan the celebrations of lives lived.

Hospice Care Services

Hospice is a method of caring for the terminally ill that helps provide comfort and support to patients and family members when an illness no longer responds to cure-oriented treatments. Hospice neither prolongs life nor hastens death. It can be provided in the home, hospice facility, nursing home, or hospital. Medical, social, spiritual, and counseling services can all be part of the care. Medicare and many private health insurance

programs cover hospice but require specific patient eligibility, including certification by a physician that the patient is terminally ill with 6 months or less to live.

Amedisys Hospice
318-868-8788

Bristol Hospice Shreveport
318-524-1046

Bristol Hospice Minden
318-382-9396

Christus Hospice & Palliative Care
318-383-6743

Hand In Hand Hospice Care
318-299-3019

Heart of Hospice
318-865-7177

LifePath Hospice Care
318-222-5711

Nightingale Hospice
318-402-2300

Passages Hospice
318-311-1140

SouthernCare Hospice
318-227-9160

St. Joseph Hospice
318-222-8723

Willis Knighton Hospice of Louisiana
616 East Flournoy Lucas Rd
Shreveport, LA 71115
318-212-2170

Willis-Knighton Hospice of Louisiana provides skilled services and compassionate support from a team of professionals that includes the attending physician, medical director, registered nurses, social workers, chaplains, home health aides, music therapy, auxiliary services and volunteers.

End of Life

AC Duct Cleaners



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DUST
and **BREATHE**
HEALTHIER too.”

318-218-0770

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Health and Medical Services

Dialysis Facilities

Offering Medicare approved dialysis services in the area. For comparison information regarding dialysis facilities, please visit www.medicare.gov.

DAVITA – Broadmoor
318-797-7940

DAVITA – Red River
318-603-0548

DCI -Shreveport
318-226-1020

DCI- North Shreveport
318-220-7012

DCI – East Shreveport
318-861-5051

FMCNA - Shreveport
Regional
318-227-9765

FMCNA- Dialysis Center of
Shreveport
318-869-3016

FMCNA – North Shreveport
Dialysis
318-425-7371

FMCNA -Bossier Regional
318-746-8440

FMCNA-South Bossier
318-741-5167

FMCNA – Pierremont
318-524-9906

FMCNA – South Shreveport
318-868-8320

FMCNA – Southwest
Shreveport
318-683-3296

FMCNA- West Shreveport
318-621-0750

**Willis Knighton Medical
Center - Dialysis Center**
2716 Portland Avenue
Shreveport, LA 71103
318-212-4339

Offering inpatient dialysis for kidney failure at all Willis-Knighton hospitals. Outpatient dialysis is offered at the Dialysis Center on the campus of Willis-Knighton Medical Center and at the Willis-Knighton Rehabilitation Institute.

**Willis Knighton
Rehabilitation Institute
Outpatient Renal Dialysis**
1111 Line Avenue
Shreveport, LA 71101
318-716-4545

Outpatient Renal Dialysis provides an enhanced environment for patients who require this service. There are 13 easily accessible private patient stations focused on safety, comfort, and privacy.

Disability Services

Offering those with disabilities special support services, information, and the assistive technology necessary to participate fully in their environment.

Advocacy Services
318-676-7332

ARC of Caddo-Bossier
318-221-8392

Betty & Leonard Phillips Deaf
Action Center of Louisiana
318-425-7781

Caddo Council on Aging
318-676-7900

Families Helping Families
318-226-4541

Hear Now –LSUHSC
ENT Clinic
318-675-6262

Hearing Aids – LA Rehab
318-676-7155

Hearing Units (State Disability
Determination)
318-869-6576

LA Association For The Blind
318-635-6471

Louisiana Assistive Technology
Access Network (LATAN)
318-841-1548

Louisiana Rehabilitation
Services
318-676-7155

Mollie Webb Speech &
Hearing Clinic
318-632-2015

New Horizons Independent
Living Center
318-671-8131

The Advocacy Center
318-227-6186

Eye Care Providers

Ophthalmologists are medical doctors who deliver total eye care, including performing a complete eye examination, prescribing eyeglasses and contact lenses, diagnosing and treating eye diseases, and performing surgery. Optometrists perform eye examinations and can determine the presence of vision-related problems, prescribe eyeglasses and contact lenses. Opticians are trained in filling prescriptions for eyeglasses and contact lenses.

David Raines Community
Center
318-425-2252

Dr. Bryan Vekovius
318-675-3733

Lusk Eye Specialists
318-222-5555

Planchard Eye and Laser
Center
318-212-7860

Shreveport Eye Clinic
318-861-4009

Willis Knighton Eye Institute

- **North**
2611 Greenwood Road
Shreveport, LA 71103
318-212-2020
- **Pierremont**
7607 Youree Drive
Shreveport, LA 71105
318-212-3937
- **South**
2530 Bert Kouns
Industrial Loop #116
Shreveport, LA 71118
318-212-5901

Three convenient locations for the treatment of all eye conditions. From fitting glasses and contacts to treating diabetic eye disease to routine and complex cataract eye surgery, they provide comprehensive eye care for the entire family.

Zaffater Eye Center
318-747-5838

Hearing Care Providers

An otolaryngologist is a medical doctor that has specialized in problems of the ear, nose, and throat. Audiologists treat hearing loss through hearing aids and identify and refer any conditions that require treatment by an otolaryngologist (or ENT) physician.

Associates of Ear and Throat
LSU Health Sciences Center
318-675-6262

Audibel of Shreveport
318-425-5417

Better Hearing Systems of
NW Louisiana
318-747-9191



When it's important, we plan for it ahead of time.

Planning your life celebration now will give you and your family valuable peace of mind. Our guaranteed, prepaid funeral plans protect everyone from hard financial and emotional decisions at a time of loss. Speak with us today and we'll help you take care of every detail, including affordable payment plans.

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318-949-9415

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CENTURIES MEMORIAL PARK
SHREVEPORT
318-686-4334

HILL CREST MEMORIAL

BLANCHARD CHAPEL
SHREVEPORT
318-309-4755

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Dignity
MEMORIAL



Forest Park Funeral Home and Cemeteries

For over 100 years, we have provided professional funeral and cemetery services to the citizens of the Shreveport/Bossier City area. Our family looks forward to serving you and your loved ones for another 100 years.

Your Trusted Provider for Over 100 Years



Forest Park Funeral Home Wellman Memorial Chapel

1201 Louisiana Avenue
Shreveport, LA 71101
318-221-7181 | www.forestparkfh.com

We offer every family, every option, every time. Let us help you with complete funeral services.



Forest Park Cemetery

3700 St. Vincent Avenue
Shreveport, LA 71103
318-861-3544 | www.forestparkcemetery.com

For over 100 years, Forest Park Cemetery has served the residents of Shreveport providing exceptional care in a beautiful setting



Forest Park West Cemetery

4000 St. Meriwether Road
Shreveport, LA 71109
318-686-1461 | www.forestparkwestcemetery.com

The new Garden of Serenity at Forest Park Cemetery West offers various permanent memorialization options for those choosing cremation.

*** MENTION THIS AD FOR A 10% DISCOUNT** CANNOT BE COMBINED WITH ANY OTHER OFFERS

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Better Hearing Systems of
NW Louisiana
318-797-8650

David Raines Community
Health Center
318-425-2252

Ear, Nose and Throat Center
318-798-0759

Ear, Nose and Throat Center
318-226-9441

Genesis Hearing Center
318-797-3311

Miracle Ear Hearing Center
318-219-4156

**Ochsner Health System
LSU Health Shreveport
Asthma, Allergy & ENT
Center**

- **463 Ashley Ridge Blvd,
#100
Shreveport, LA 71106
318-221-3584**
- **4440 Viking Drive,
#100
Bossier City, LA 71111
318-221-3584**

**Willis Knighton
The Center for Ear, Nose,
and Throat Disorders
2300 Hospital Dr, Suite 460
Bossier City, LA 71111
318-212-7953**

Home Infusion Providers

Provides safe, effective
administration of medication
or vital fluids to patients in
their home or outpatient
setting.

BioScrip (Carepoint Partners)
318-747-5080

IV Plus of Shreveport
318-683-5139

National Pharmacy Services
318-797-9517

Hospitals

Hospitals employ a wide
array of highly trained health
care professionals. General
hospitals have many special-
ized departments that deal
with many kinds of disease
and injury, and typically have
an emergency department to
deal with urgent threats to
health. Specialized hospitals in-
clude rehabilitation hospitals,
children's hospitals, geriatric
hospitals, veteran's hospitals,
and hospitals for dealing with
specific medical needs.

Brentwood Hospital
1006 Highland Avenue
Shreveport, LA 71101
318-678-7500

Christus Highland Medical
Center
1453 E. Bert Kouns
Shreveport, LA 71105
318-798-4300

Christus Bossier Emergency
Hospital
2531 Viking Drive
Bossier City, LA 71111
318-681-7000

Cornerstone Hospital of
Bossier City
4900 Medical Drive
Bossier City, LA 71112
318-747-9500

Intensive Specialty Hospital of
Shreveport
1800 Irving Place
Shreveport, LA 71101
318-425-4096

Intensive Specialty Hospital of
Bossier City
2525 Viking Drive
Bossier City, LA 71111
318-841-2525

Louisiana Behavioral Health
9320 Linwood Avenue
Shreveport, LA 71106
318-644-8830

Minden Medical Center
#1 Medical Plaza
Minden, LA 71055
318-377-2321

North Caddo Memorial
1000 South Spruce Street
Vivian, LA 71082
318-375-3235

**Ochsner LSU Health
Hospital
1541 Kings Highway
Shreveport, LA 71103
318-626-0000**

The physicians and staff
of Ochsner LSU Health
Shreveport – Academic
Medical Center provide
state of the art healthcare
services in a warm and caring
environment. Partnering with
the LSU School of Medicine,
our goal at Ochsner LSU
Health is to provide high-
quality patient care within a
setting that advances medical
science through research and
educates the next generation of
leaders in healthcare.

**Ochsner LSU Health - St.
Mary Medical Center
1 Saint Mary Place
Shreveport, LA 71101
318-626-4300**

St. Mary Medical Center
is a 122-bed hospital that
includes a number of targeted
care centers, including a
comprehensive diagnostic and
imaging center, Women's &
Children's Center, Neurology
and Neurosurgery centers,
surgery and operative rooms,
Orthopedics and Sports
Medicine Center.

Overton Brooks Veterans
Administration Hospital
510 Stoner Avenue
Shreveport, LA 71130
318-221-8411

P. A. M. Specialty Hospital of
Shreveport South
8001 Youree Drive
Shreveport, LA 71105
318-212-3200

P. A. M. Specialty Hospital of
Shreveport North
2550 Kings Highway
Shreveport, LA 71103
318-212-6860

**WK Medical Center
2600 Greenwood Road
Shreveport, LA 71103
318-212-4000**

A 369 bed acute care
hospital providing various
medical treatments, therapies,
and surgical care and staffed
with doctors, nurses, and
other health care professionals.
Willis Knighton Health
System (WKHS) has been
rated one of the top 100
hospitals in the US.

**WK Bossier Health Center
2400 Hospital Drive
Bossier City, LA 71111
318-212-7000**

A 114 bed acute care
hospital providing various
medical treatments, therapies,
and surgical care and staffed
with doctors, nurses, and
other health care professionals.
WKHS has been rated one of
the top 100 hospitals in the
US.

**WK South and the Center
for Women's Health
2510 Bert Kouns
Shreveport, LA 71118
318-212-5000**

A 186 bed acute care
hospital providing various
medical treatments, therapies,
and surgical care and staffed
with doctors, nurses, and
other health care professionals.
WKHS has been rated one of
the top 100 hospitals in the
US.

Get to know CenterWell Senior Primary Care™

Here, we focus on physical, emotional and social wellness—with care that’s completely centered on you. You’ll get a dedicated care team to create your personalized care plan and advocate for the way you want to live. It’s all part of how we define senior primary care.

It’s a complete team

Our professionals partner together—and with you—creating a comprehensive primary care team that provides you with an individualized care plan. Our care team focuses on all aspects of health, and they’re dedicated to helping you reach your health goals by delivering safe, quality senior primary care.

As a patient, you can enjoy all the support the members of our care team—care coaches, behavioral health specialists, social workers and clinical pharmacists—provide without additional cost or need to leave our center.



Our senior primary care is individualized and easily accessible

Caring

- Doctors who listen with compassion
- A dedicated care team
- Personalized care plans
- Coordinated referrals

Accessible

- Same-day appointments
- Family-friendly exam rooms
- 24/7 phone access to care team
- Online medical records
- Live video visits (TeleVisits)

Focused

- Shorter wait times
- Unrushed appointments
- Proactive care and follow-up
- Medicare plans accepted

Convenient

- Conveniently located centers
- On-site lab
- On-staff clinical pharmacist
- Coordination with Health Plan transportation (when needed)
- Convenient specialty network



Our Louisiana locations*

Baker

6404 Groom Rd.
Baker, LA 70714
Phone: 225-614-9065

Bossier City

2900 E. Texas St., Suite 100
Bossier City, LA 71111
Phone: 318-606-6737

Covington

66 Park Place Dr.
Covington, LA 70433
Phone: 985-875-5459

Denham Springs

2314 S. Range Ave.
Denham Springs, LA 70726
Phone: 225-480-4080

Hammond

2240 W. Thomas St.
Hammond, LA 70401
Phone: 985-348-6139

Lafayette

539 Bertrand Dr.
Lafayette, LA 70506
Phone: 337-294-1230

Lake Charles

4050 Ryan St.
Lake Charles, LA 70605
Phone: 337-915-0691

Marrero

5045 LaPalco Blvd.
Marrero, LA 70072
Phone: 504-446-2245

Mid-City

Coming Soon

Opelousas

1511 Commerce Blvd., Suite 6
Opelousas, LA 70570
Phone: 337-381-2033

Prairieville

17123 Commerce Centre Dr.
Prairieville, LA 70769

Shreveport

7551 Youree Dr., Suite 11
Shreveport, LA 71105
Phone: 318-642-9282

Slidell

1300 Gause Blvd., Suite C4
Slidell, LA 70458
Phone: 985-288-6419



To become a patient, or get more information, call **504-380-9848**

* Includes locations that are open or opening soon.

We accept Original Medicare in most centers, as well as many Medicare Advantage plans, including Aetna, Blue Cross Blue Shield of Louisiana, Healthy Blue, Humana, People's Health and Wellcare.

CenterWellPrimaryCare.com

CenterWell does not discriminate on the basis of race, color, national origin, age, disability or sex.



Scan the QR code or visit **FindCenterWell.com** to find a center near you.

Willis Knighton Pierremont Health Center
8001 Youree Drive
Shreveport, LA 71105
318-212-3000

A 112 bed acute care hospital providing various medical treatments, therapies, and surgical care and staffed with doctors, nurses, and other health care professionals. WKHS has been rated one of the top 100 hospitals in the US.

Willis-Knighton Rehabilitation Institute
1111 Line Avenue
Shreveport, LA 71101
318-716-4545

The region's only rehabilitation hospital with 65 beds features physical rehabilitation, behavioral rehabilitation, and outpatient dialysis.

Medical Equipment and Supplies

Durable medical equipment suppliers provide equipment, supplies, and services that help patients stay active, achieve a better quality of life, and remain safe in their home. This also includes ramps, lifts, and other equipment and devices.

AMRAMP
 Wheelchair ramps, lifts and more
 800-649-5215

Accucare Medical
 318-687-1444

Allmed Mobility
 318-222-2860

Allegiance Medical Supply
 318-865-7111

FastServ Medical
 318-741-9586

Lincare
 318-636-9991

Physician's Choice Medical Supply
 318-746-6288

Regional Medical Rental and Sales
 318-686-5277

Samaritan Home Medical & Respiratory
 318-687-2809

Southern Rehab and Home Medical Equipment
 318-409-8324

Mental Health and Substance Abuse Therapy Services

Mental Therapies include talk therapy, medication therapy, electroconvulsive treatments, and substance abuse therapies that can be provided on an inpatient or outpatient basis. If you or someone you are concerned about are in a crisis and at risk to yourself or others, call 911 or go to the emergency room of a local hospital.

Advocacy Services
 318-676-7332

Al-Anon
 318-344-0212

Alcoholics Anonymous
 318-865-2172

Alzheimer's Association
 318-861-8680

Behavioral Health Crisis Line
 866-416-5370

Brentwood Hospital
 318-678-7500

Celebrate Recovery
 318-213-3600

Community Support Programs
 318-865-1422

Council on Alcoholism and Drug Abuse
 318-222-8511

Family Life Community Development
 318-636-6152

Goodwill Industries of N.L.A.
 318-868-4701

Louisiana Behavioral Health
 318-644-8830

Louisiana Health Department Keep Calm Line
 866-310-7977

Narcotics Anonymous
 318-677-4344

National Suicide Help Line: Call 988
 800-273-8255

National Alliance on Mental Health
 318-751-1320

OASIS Integrated Medical Services
 318-678-8880

Office of Addictive Disorders
 318-632-2040

Red River Behavioral Center
 318-549-2033

Samaritan Counseling Center
 318-221-6121

SAMHSA's National Helpline
 800-662-4357

Suicide and Crisis LifeLine
 Call or Text 988
 www.988lifeline.org

Shreveport Mental Health Center
 318-676-5111

The Bridge Alzheimer's & Dementia Resource Center
 318-656-4800

United Way of Northwest Louisiana
 318-677-2504

VA Medical Center
 318-221-8411

Volunteers of America – North Louisiana
 318-221-2669

Willis Knighton Institute of Behavioral Health
2510 Bert Kouns
Shreveport, LA 71118
318-212-5200
www.wkhs.com

Institute for Behavioral Medicine offers inpatient, partial hospitalization and outpatient programs. Services include geriatric psychiatric Care, adult psychiatry and individual and family therapy. The Institute's Addiction Recovery Center has an excellent record in the treatment of substance abuse among adults with inpatient medical detox, outpatient and evening programs. The Institute's team includes psychiatrists, other physicians, psychologists, licensed counselors, social workers, nurses, occupational therapists and family therapists.

Orthotics and Prosthetics

Orthotics is concerned with the design, development, fitting and manufacturing of devices that support or correct musculoskeletal deformities and/or abnormalities of the human body. A prosthetic provider creates artificial limbs or orthopedic braces.

Arnold's Prosthetics, Inc.
 318-425-2400

Certified Limb and Brace
 318-636-9145



ARTHRITIS & RHEUMATOLOGY CLINIC
ROBERT E. GOODMAN, MD
Board Certified Rheumatology

740 Jordan Street · Shreveport, LA · 71101
318.424.9240 · arthdoc.com

Shreveport Prosthetics, Inc.
318-734-7933

**Snell's Orthotics and
Prosthetics**

**1833 Line Avenue
Shreveport, LA 71101
318-424-4167**

www.snellsoandp.com

Since 1911, Snell's has been focused on enabling our patients to achieve their highest possible level of mobility and independence. Our services include: prosthetics, orthotics, pedorthics, and cranial helmets for babies. Schedule an appointment today!

Pharmacies

Medical entities that prepare, distribute and give information about medicines per a prescription from a licensed physician or other authorized health care professional. A compounding

pharmacy makes particular prescription medicines to fit the unique needs of the individual.

**Boudreaux's Compounding
Pharmacy**

2551 Greenwood #110
Shreveport, LA 71108
318-631-2005

**David Raines Community
Health Center Pharmacy**

1625 David Raines Road
Shreveport, LA 71107
318-227-3355

Drug Emporium

5819 East Kings Highway
Shreveport, LA 71105
318-861-7898

Line Avenue Pharmacy

1822 Line Avenue
Shreveport, LA 71101
318-221-5114

**Medic's Compounding
Pharmacy**

1847 Line Avenue
Shreveport, LA 71101
318-222-8477

**National Pharmacy Services of
Shreveport**

8860 Quimper Place
Shreveport, LA 71105
318-797-9517

Sterling Healthcare Services

2535 Bert Kouns Industrial
Loop
Shreveport, LA 71108
318-687-4546

Physicians

**Arthritis & Rheumatology
Clinic**

Robert E. Goodman, M.D.

**740 Jordan Street
Shreveport, LA 71101
318-424-9240**

www.arthdoc.com

Robert E. Goodman,

M.D. is a Board-Certified Rheumatologist who has been caring for patients in the Ark-La-Tex for 34 years. Dr. Goodman blends the most innovative approaches in rheumatology and arthritis treatments with personalized patient care.

**Asthma, Allergy & ENT
Center**

**Ochsner Health LSU Health
Jason Patrick Calligas, M.D.
463 Ashley Ridge Blvd, #100
Shreveport, LA 71106
318-221-3584**

Dr. Calligas provides a diverse, general ENT practice with clinical interests in head and neck surgery, endocrine surgery and chronic sinus disease.



NEW TO MEDICARE?

Did you know that thieves want your information to commit Medicare fraud?

Senior Medicare Patrol can help. Visit our website, www.stopmedicarefraud.org, to learn more about how to protect your Medicare benefits from fraud, waste and abuse.

877-272-8720



Preventing Medicare Fraud

This project in Louisiana is supported by the Administration for Community Living (ACL), US Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$509,005.00 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the US Government.

Willis Knighton Eye Institute

- **North**
2611 Greenwood Road
Shreveport, LA 71103
318-212-2020
- **Pierremont**
7607 Youree Drive
Shreveport, LA 71105
318-212-3937
- **South**
2530 Bert Kouns
Industrial Loop #116
Shreveport, LA 71118
318-212-5901

Three convenient locations for the treatment of all eye conditions. From fitting glasses and contacts to treating diabetic eye disease to routine and complex cataract eye surgery, they provide comprehensive eye care for the entire family.

Primary Care Centers for Seniors

- CenterWell Senior Primary Care Centers
seniorfocusedlouisiana.com
- **Shreveport**
7551 Youree Dr., Ste 11
Shreveport, LA 71105
318-642-9282
 - **Bossier City**
2900 East Texas Street,
Suite 100
Bossier City, LA 71111
504-977-2712

At CenterWell, we welcome senior patients from all walks of life who share the common goal of staying healthy and active. Whether you're here because of a sudden sickness or for a preventive check-up, we can connect you to the right doctor and CenterWell primary care expertise. Our commitment to your health extends beyond just a visit. We're not just concerned with today's health issues; we're here to connect the dots to meet your health goals far into the future.

Oak Street Health
A Primary Care Clinic
653 West 70th Street
Shreveport, LA 71106
318-908-0084

Rehabilitation & Physical Therapy

Rehabilitation services help restore some or all of the patient's physical, sensory, and mental capabilities that were lost due to injury, illness, or disease. Physical therapy helps regain strength and mobility; occupational therapy helps with daily activities of living; and speech/language therapy help with speaking and swallowing.

Bayou State Therapy
318-219-7737

Brewer Physical Therapy
318-222-8892

Eberhardt Physical Therapy
318-222-7442

Highland Place
1736 Irving Place
Shreveport, LA 71101
318-221-1983

Highland Place of Shreveport is "Caring from the heart". Our staff is available 24 hours a day to assist you or your loved in transitioning to our facility. Our facility offers 24 hour skilled nursing in our short-stay Medicare rehabilitation unit. We have a registered respiratory therapist, full time wound care team, and other health care professionals on staff to provide needed specialty services.

LSU Health Shreveport
Allied Health Clinic
318-813-2970

**Willis-Knighton
Rehabilitation Institute**
1111 Line Avenue
Shreveport, LA 71101
318-716-4545

The Willis-Knighton Rehabilitation Institute serve patients who need physical rehabilitation (inpatient rehabilitation & outpatient rehabilitation) or behavioral rehabilitation. Moving these inpatient services from other Willis-Knighton campuses and incorporating them in a centrally-located hospital designed for rehabilitation better accommodates the needs of these patients. In addition to rehabilitation services, this location also features the Outpatient Dialysis Department.

Urgent Health Care

An urgent care center is a walk-in clinic focused on the delivery of medical care for minor illnesses and injuries in an ambulatory medical facility outside of a traditional hospital-based or freestanding emergency department (ED).

Christus Velocity Urgent Care
7045 Youree Drive
Shreveport, LA 71105
318-798-3763

Christus Velocity Urgent Care
9300 Mansfield Road, Ste.
110
Shreveport, LA 71118
318-681-6795

Christus Velocity Urgent Care
2151 Airline Drive
Bossier City, LA 71111
318-550-2176

Coastal Urgent Care of Bossier
5314 Airline Drive
Bossier City, LA 71111
318-678-5272

Coastal Urgent Care of
Haughton
8021 East Texas Street
Bossier City, LA 71111
318-678-5272

**Ochsner LSU Health –
Urgent Care**
1641 East 70th Street
Shreveport, LA 71105
318-626-0037

**Ochsner LSU Health –
Urgent Care**
2113 Airline Drive
Bossier City, LA 71111
318-626-0038

WK Quick Care Pierremont
1666 E. Bert Kouns
Industrial Loop, Suite 105
Shreveport, LA 71105
318-212-3520

WK Quick Care Bossier
2300 Hospital Drive, Ste 180
Bossier City, LA 71111
318-212-7520

WK Quick Care Forbing
9460 Ellerbe Road, Suite 140
Shreveport, LA 71106
318-212-7070

WK Quick Care South
2520 Bert Kouns Industrial
Loop, Suite 105
Shreveport, LA 71118
318-212-5520

Health Care Insurance Plans

Health Care Plans Before Medicare Eligibility

Healthcare.gov

For individuals under the age of 65 or those who are not eligible for Medicare, Medicaid or VA, visit the US Government website which will provide you the available health insurance plans and estimated prices in a specific area of the US. Visit www.healthcare.gov/see-plans/#/.

Health Insurance Plan Advisors

Cornerstone Financial Services, LLC
318-221-8888

Louisiana Department of Insurance
1-800-259-5300, option 2
www.lidi.la.gov

The Senior Health Insurance Information Program (SHIIP) helps Medicare beneficiaries better understand their coverage options and benefits. SHIIP provides free unbiased guidance via telephone or in a face-to-face interactive setting. Senior health counselors provide a better understanding of the four parts of Medicare: Medicare A, B, C & D. This will also encompass your health insurance options, including Medicare Supplement (Medigap), prescription drug coverage and Medicare Advantage plans. SHIIP counselors are also trained to help you apply for Medicare, understand claims and appeals, how to reduce cost through the Medicare Savings Program (MSP) and Low-Income Subsidy Assistance (LIS) programs.

Medicaid Health Care Plans in Louisiana

Healthy Louisiana (previously Bayou Health) – Health care delivery system for Louisiana Medicaid and LaChip recipients in either a “prepaid plan” or a “shared savings plan”. For information, call 1-855-229-6848 or visit <https://www.myplan.healthy.la.gov>. Healthy Louisiana Plans available as of 1/31/2024 are as follows:

Aetna Better Health
1-855-242-0802
www.aetnabetterhealth.com/louisiana
Helping people live healthier

lives. An estimated 39 million people rely on Aetna, a CVS Health company, to help them make decisions about their health care and their health care spending.

- AmeriHealth Caritas
1-888-756-0004
amerihealthcaritasla.com

- Healthy Blue
1-844-521-6941
myhealthybluelua.com

- **Humana Healthy Horizons in Louisiana**
1-800-448-3810
www.humana.com/healthyloisiana

At Humana, the focus is on supporting your total health with benefits and extras designed to help you live your best life. It's not just healthcare - it's human care.

- Louisiana Healthcare Connections
1-866-595-8133
louisianahealthconnect.com

- UnitedHealthcare
1-866-675-1607
uhcommunityplan.com

Medicare Health Advantage Plans

The following offer Medicare Health Plans (also known as Medicare Part C or Medicare Advantage Plans) for eligible persons residing in Caddo/Bossier parishes according to Medicare & You 2024 Handbook and www.medicare.gov as of 1/31/2024. These health plan options are part of the Medicare program. If you join, you generally get all of your Medicare-covered health care through that plan. Coverage can also include prescription drugs, and other

health care coverage and benefits. Other plans may be available by calling 1-800-633-4227. TTY: 877-486-2048. Visit www.medicare.gov to compare plans. (NOTE: If you did not receive a copy of “Medicare and You 2024 Handbook” mailed to your home, call 1-800-633-4227 or email medicareandyou@cms.hhs.gov to request a copy.) For personalized health insurance counseling for Louisiana residents, call the SHIIP program at 1-800-259-5300.

Aetna Medicare HMO Plan (H3928)
Toll Free 833-859-6031
www.aetnamedicare.com
Medicare Health Plan is a Health Maintenance Organization (HMO)

Helping people live healthier lives. An estimated 39 million people rely on Aetna, a CVS Health company, to help them make decisions about their health care and their health care spending.

Aetna Medicare Freedom Plan (H5521)
Toll Free 833-859-6031
www.aetnamedicare.com
Medicare Health Plan is a Preferred Provider Org. (PPO)

Helping people live healthier lives. An estimated 39 million people rely on Aetna, a CVS Health company, to help them make decisions about their health care and their health care spending.

Blue Cross and Blue Shield of Louisiana (H1248)
Toll Free 800-363-9152
www.bcbsla.com/blueadvantage
Medicare Health Plan is a Preferred Provider Org. (PPO)

Blue Cross and Blue Shield of Louisiana (H6453)
Toll Free 800-363-9152
www.bcbsla.com/blueadvantage
Medicare Health Plans is a Health Maintenance Org. (HMO)

Humana Gold Plus (H1951)
Toll Free 800-833-2364
TTY 877-833-4486
www.humana.com/medicare
Medicare Health Plan is a Health Maintenance Org. (HMO)

Humana Honor (H5216)
Toll Free 800-833-2364
TTY 877-833-4486
www.humana.com/medicare
Medicare Health Plan is a Preferred Provider Org. (PPO)

Humana Choice (H5216)
Toll Free 800-833-2364
TTY 877-833-4486
www.humana.com/medicare
Medicare Health Plan is a Preferred Provider Org. (PPO)

Humana Choice (R0110)
Toll Free 800-833-2364
TTY 877-833-4486
www.humana.com/medicare
Medicare Health Plan is a Regional Provider Org. (PPO).

Peoples Health Choices (H1961)
Toll Free 800-555-5756
www.peopleshealth.com
Medicare Health Plan is a Health Maintenance Org. (HMO)

Peoples Health Choices (H4544)
Toll Free 800-555-5756
www.peopleshealth.com
Medicare Health Plan is a Preferred Provider Org. (PPO)



AcrySof® IQ PanOptix® Trifocal Lens and RxSIGHT Light Adjustable Lens *Are Our Choices!*

As the most experienced laser cataract providers in the state, we see and use the latest technology first. We were one of the first teams in the state to provide cataract surgery with these lenses and we recommend them because patients love the results:

- Better vision FAR, at ARM'S LENGTH and UP CLOSE
- Elimination of blurry zones
- Bright, vivid colors
- Greatly reduce or eliminate glasses following surgery

In addition to the latest technology and techniques for cataract surgery, we also provide advanced treatment of **glaucoma** and **other eye conditions**. Additionally, we offer **advanced glaucoma procedures in combination with cataract surgery**. We can even work with your local optometrist for post-surgical cataract management to minimize travel.



Christopher M. Shelby, MD | Wyche T. Coleman, III, MD | Stephen W. Lewis, OD
John Luka, OD | Karen E. Ezelle, OD | Sean Adams, OD

WK EYE INSTITUTE
NORTH • SOUTH • PIERREMONT
thecataractsurgeons.com

Expert Care with Trusted Providers

Asthma, Allergy & ENT



Jason Calligas, MD

Dr. Jason Calligas, a board-certified otolaryngologist, provides a comprehensive ENT practice with diverse clinical interests. He has a broad area of clinical and procedural expertise covering all areas of the ear, nose and throat. He treats patients of all ages. Dr. Calligas sees patients at multiple locations in Shreveport and Bossier City, including our Asthma, Allergy & ENT Center, and the Ambulatory Care Clinic.

Procedures:

Otology

- Tympanostomy Tube Placement
- Tympanoplasty
- Mastoidectomy
- Management of Pulsatile Tinnitus

Pediatric Otolaryngology

- Tympanostomy Tube Placement
- Tonsillectomy
- Adenoidectomy
- Frenectomy (upper lip tie and lingual)
- Congenital Mass Excision
- Lymph Node Biopsy
- Preauricular Pit Excision

Head and Neck

- Excision of Cutaneous/Oral Oropharyngeal/Pharyngeal/Laryngeal Lesions
- Neck Dissections
- Thyroidectomy
- Parathyroidectomy
- Parotidectomy
- Laryngectomy
- Submandibular Gland Excision

Rhinology

- Septoplasty (classic and endoscopic)
- Turbinate Reduction (celon and submucosal resection)
- Functional Endoscopic Sinus Surgery
- CSF Leak Repair
- Transnasal Endoscopic Skull Base Surgery

Laryngology

- Injection Laryngoplasty
- Flexible and Direct Laryngoscopy
- Microsurgical Management of Laryngeal Lesions
- Laser Laryngoscopic Procedures

Schedule an Appointment



463 Ashley Ridge Blvd., Ste. 100
Shreveport, LA 71106



4440 Viking Dr., Ste. 100
Bossier City, LA 71112*
*Injections Only



318-221-3584



ochsnerlisuhs.org



Wellcare Assist Health Plan (H2491)
Toll Free 844-917-0175
www.wellcare.com/medicare
Medicare Health Plan is a Health Maintenance Org. (HMO)

Wellcare Community Assist Health Plan (H3047)
Toll Free 844-917-0175
www.wellcare.com/medicare
Medicare Health Plan is a Preferred Provider Org. (PPO)

Medicare Prescription Drug Plans

The following offer Medicare Prescription Drug Plans (also known as Medicare Part D plans) for persons residing anywhere in Louisiana according to the 2024 “Medicare and You” handbook. Some of these plans may not be available in all Louisiana parishes. Other Medicare prescription drug plans may be available by visiting www.medicare.gov or calling 1-800-633-4227 (TTY: 877-486-2048). To compare plans visit www.medicare.gov (NOTE: If you did not receive a copy of “Medicare and You 2024 Handbook” mailed to your home, call 1-800-633-4227 or email medicareandyou@cms.hhs.gov to request a copy. For personalized health insurance counseling for LA residents, call the SHIIP program at 1-800-259-5300).

AARP MedicareRx (S5820, S5921)
UnitedHealthcare
888-867-5564
www.AARPmedicarerx.com

Cigna Secure RX (S5617)
800-735-1459
www.cignamedicare.com

Clear Spring Health (RX S6946)
877-317-6082
clearspringhealthcare.com

Elixir RX (S7694)
888-377-1439
www.elixirinsurance.com

Humana Rx Plan (S5884)
800-706-0872
www.humana.com/medicare

Mutual of Omaha Rx (S7126)
800-961-9006
www.mutualofomaharx.com

SilverScript (S5601)
Aetna Medicare
833-526-2445
www.aetnamedicare.com

Helping people live healthier lives. An estimated 39 million people rely on Aetna, a CVS Health company, to help them make decisions about their health care and their health care spending.

UnitedHealthcare (S5820, S5921)
888-867-5564
www.aarpmedicarerx.com

WellCare (S4802)
866-859-9084
www.wellcare.com/PDP

Medicare “Special Needs” Plans

The following offer Medicare Special Needs Plans (SNP) for residents of Caddo/Bossier parishes according to Medicare & You 2024 Handbook and www.medicare.gov as of 1/31/2024. These health plan options are part of the Medicare program. If you join, you generally get all of your Medicare-covered health care through that plan. Coverage can include prescription drugs, and other health care coverage and benefits. However, a SNP plan provides

benefits and services to people with specific diseases, who have certain health care needs, or have limited incomes. A SNP plan tailors its benefits, provider choices, and list of drugs (formularies) to best meet the specific needs of the groups of individuals that they serve. For additional information, call 1-800-633-4227. TTY: 877-486-2048. Visit www.medicare.gov to compare plans. Please contact the plan about its enrollment policies and rules. (NOTE: If you did not receive a copy of “Medicare and You 2024 Handbook” mailed to your home, call 1-800-633-4227 or email medicareandyou@cms.hhs.gov to request a copy. For personalized free health insurance counseling for LA residents, call the SHIIP program at 1-800-259-5300).

Aetna Medicare (H3239; H5521) Special Needs Plans
Toll Free 833-859-6031
www.aetnamedicare.com

Enrollees must have Medicare and Medicaid eligibility. Helping people live healthier lives. An estimated 39 million people rely on Aetna, a CVS Health company, to help them make decisions about their health care and their health care spending.

Blue Cross and Blue Shield of Louisiana (H6453) Special Needs Plan
Toll Free 800-363-9152
www.bcbsla.com/blueadvantage

Dignity Health Plan (H8492) Special Needs Plan
Toll Free 866-266-6010
www.dignityhealthplan.com
Enrollees must live in an institution like a nursing home or require nursing

care at home. Enrollees must have Medicare and Medicaid eligibility.

Healthy Blue (H1947) Special Needs Plan
Toll free 855-593-0912
www.shop.healthyblue.com/medicare

Offering plans designed for those with both Medicare A & B and State Medicaid, known as Dual Special Needs Plans (DSNP).

Humana Gold Plus (H1951; H5216) – Special Needs Plans
Toll Free 800-833-2364
www.humana.com/medicare

Enrollees must have Medicare and Medicaid eligibility

Peoples Health Choices (H1961) Special Needs Plan
Toll Free 888-834-3731
www.peopleshealth.com

Enrollees must have Medicare and Medicaid eligibility

UnitedHealthcare (H5008; H1889) Special Needs Plans
Toll Free 888-834-3721
www.uhccommunityplan.com

Enrollees must have Medicare and Medicaid eligibility

Wellcare Health Plan (H2491) Special Needs Plan
Toll Free 844-917-0175
www.wellcare.com/medicare
Enrollees must have Medicare and Medicaid eligibility

Medicare Supplement Plans/MediGAP

A Medicare supplement plan or policy (also known as MediGAP plan or policy) covers patient-responsible amounts of Medicare benefits. The following offer Medicare supplement plans for Louisiana residents according to www.medicare.gov and Louisiana State Department

of Insurance as of 1/31/2024. Other plans may be available by calling 1-800-633-4227. (TTY: 1-877-486-2048). Visit www.medicare.gov to compare plans.

If you did not receive a copy of "Medicare and You 2024 Handbook" mailed to your home, call 1-800-633-4227 or email medicareandyou@cms.hhs.gov to request a copy.

For personalized health insurance counseling for residents of Louisiana, please call the SHIIP program at 1-800-259-5300 and also you can obtain information about insurers and they can provide Louisiana residents with information on the premium rates of Medicare Supplement Plans being offered in the Louisiana. Some plans are not applicable in certain parishes in Louisiana.

AARP Medicare Supplement Plans
United Healthcare Insurance Company
888-378-0849
www.aarpmedicaresupplement.com

AFLAC
866-990-2668
www.aflac.com

Ace Property and Casualty Insurance Company
215-640-1000
chubb.com/microsites/ace-medicare-supplement.html

Allstate Health Solutions
866-576-2956
www.natgenhealth.com

American Home Life Insurance Company
866-794-1884
www.amhlifeco.com

American Benefit Life Insurance Company
833-504-0331
www.lbig.com

Aetna Health Insurance
Accendo Insurance Company
800-358-8749
www.aetnamedicare.com

Helping people live healthier lives. An estimated 39 million people rely on Aetna, a CVS Health company, to help them make decisions about their health care and their health care spending.

Atlantic Coast Life Insurance Company
844-442-3847
www.aclico.com

Bankers Fidelity Assurance Company
866-458-7504
www.bankersfidelity.com

Blue Cross Blue Shield of LA
800-258-3365
www.bcbsla.com

Capitol Life Insurance Co.
844-770-2400
www.libertybankerslife.com

Cigna National Health Insurance Company
855-891-9368
www.cigna.com/medicare/supplemental

Elips Life Insurance Company
877-969-5675
www.elipslife.com

Federal Life Insurance Co.
800-960-1390
www.federallife.com

Globe Life & Accident Insurance Company
888-678-3403
www.globecaremedsupp.com



Family Caregiving

Get the Family Caregiving Support You Need, When You Need it.

Your caregiving journey can be challenging in all kinds of ways.

At AARP Family Caregiving, we're here to help you get answers, connect with other family caregivers and find local resources close to home. So you can take care of what matters most.

To learn more, visit aarp.org/caregiving.

[/AARPLouisiana](https://www.facebook.com/AARPLouisiana) [@AARPLouisiana](https://twitter.com/AARPLouisiana)



Humana Achieve
888-602-7443
www.humana.com/medicare

Humana Insurance Company
800-457-4708
www.humana.com/medicare

LifeShield National Insurance Company
800-851-5041
www.lifeshieldnational.com

Manhattan Life Assurance Company
800-877-7703
www.manhattanlife.com/Seniors/Medicare-Supplement

MedMutual Protect
800-654-9106
www.medmutualprotect.com/Individual

Medico Insurance Company
800-228-6080
www.gomedico.com

Mutual of Omaha Insurance Company
855-977-6312
www.mutualofomaha.com/Medicaregov

Nassau Life Insurance Company
860-403-5000
www.nsre.com

Philadelphia American Life Insurance Company
877-417-7555
www.neweralife.com

Physicians Select Insurance Company
800-325-6300
www.physiciansmutual.com/web/medsupp?redirect=physiciansmutual.com%2Fmeds

Puritan Life Insurance Company of America
888-474-9519
www.puritanlifeinsurance.com

SBLI USA Life Insurance Company
800-848-5433
www.prosperitylife.com/medicare-supplement-insurance

State Farm Mutual Automobile Insurance
800-782-8332
www.statefarm.com/insurance/health/medicare-supplemental

Transamerica Life Insurance Company
866-205-9120
www.transamerica.com

United Insurance Company of America
800-654-9106
www.reservenational.com/products/medicare_supplement_insurance.aspx

United American Insurance Company
800-331-2512
www.UnitedAmerican.com

United States Fire Insurance Company
973-490-6600
www.cfins.com

USAA Life Insurance Company
800-531-8722
www.usaa.com

Washington National Insurance Company
800-621-3724
www.washingtonnational.com/

Wellcare (Centene)
866-527-0056
www.wellcare.com/medicare

Woodmen of The World Life Insurance Society
800-894-1317
www.woodmenlife.org/insurance/medicare-supplement-insurance/

Miscellaneous Financial Institution

Carter Credit Union
8988 Ellerbe Road
Shreveport, LA 71106
318-864-9964
www.carterfcu.org

Carter Credit Union was chartered for the purpose of improving the financial well-being of its members and this continues to be our top priority. It has currently over 50,000 members strong with assets topping \$520 million. Carter now serves people from coast-to-coast, and offers every product and service that your local bank offers.

Financial Services

A financial consultant prepares financial plans for clients. Some assess every aspect of an individual's financial life - including savings, investments, insurance, taxes, retirement,

and estate planning - and help develop a detailed strategy for meeting financial goals.

Cornerstone Financial Services, LLC
318-221-8888

Evans Financial Group
318-629-4852

Executive Financial Group
318-795-0660

JPJ Investments
318-222-8999

McDaniel Financial
318-798-9022

S.A.F.E. Planning, Inc.
318-869-3133

Serio Financial Services
318-221-0889

Williams Financial Advisors
318-798-1112

Home

AC Duct Cleaners
318-218-0770

AC Duct Cleaners can rid your home of dust and help you to breathe healthier, too. In appreciation to all medical personnel, military personnel, and senior citizens, we offer a 10% discount. Call us for your free estimate at 318-218-0770

As you use this directory and find changes in listings, useful resources we may not have included, or have ideas for improvements, we would appreciate hearing from you for future editions. Email Gary at gary.calligas@gmail.com.

Senior Discounts

The following discounts are subject to change and may not be valid in all locations.

Some discounts require proof of age or an association membership card. The following are tips:

1. Ask for senior discounts while shopping;
2. Ask the merchant to match the senior discount for the same or similar product/service that might be offered by another business;
3. Keep this list of senior discounts handy for easy reference;
4. Join a senior membership association who offer senior discounts as one of its benefits, such as AARP, Association of Mature American Citizens (AMAC), or American Seniors Association (ASA).
5. Visit the following websites that offer additional discounts and free merchandise:
 - www.thefreesite.com
 - www.trashnothing.com
 - www.ilft.com
 - www.womenfreebies.com
 - www.sweetfreestuff.com
 - www.bzzagent.com
 - www.ofree.net
 - www.joinhoney.com
 - www.befrugal.com
 - www.rakuten.com
 - www.ibotta.com
 - www.freecycle.org

Entertainment

- Casinos: Contact each casino directly to obtain details about senior and boomer specials.
- Cinemark/Tinseltown Theaters: Senior, Discount and Early Bird days with discounted tickets for certain movies at certain locations.
- Regal Cinemas: discounted E-premier tickets purchased online for AARP members age 55+

Grocery Stores

- Brookshire's: 5% off every Tuesday (age 55+)

Lodging

The following hotel chains offer discounts from 5% to 20% when providing your AARP membership number or showing your AARP card when making online reservations or upon registration at the hotel property. Visit www.aarp.com/membership/benefits/hotels or the hotel websites to learn more. Discounts are subject to change.

- America Inn® by Wyndham
- Ascend Hotel Collection
- Atwell Suites
- Avid Hotels
- Baymont® by Wyndham
- Best Western Hotels & Resorts, Best Western Plus, Premier and Premier Collection
- Cambria Hotels
- Canopy by Hilton
- Choice Hotels
- Clarion and Clarion Pointe Hotels
- Comfort Inn and Suites
- Conrad Hotels & Resorts®
- Country Inn & Suites® by Radisson
- Curio Collection by Hilton™
- Crowne Plaza Hotels and Resorts
- Curio Collection by Hilton
- Days Inn® by Wyndham
- Dazzler® by Wyndham
- Dolce® by Wyndham
- DoubleTree by Hilton™
- Econo Lodge
- Embassy Suites by Hilton™
- Esplendor® Boutique Hotels by Wyndham
- Even Hotels
- Everhome Suites
- Executive Residency by Best Western®
- Extra Holidays
- Glo®
- Hampton by Hilton™
- Hawthorn Suites® by Wyndham
- Hilton Hotels & Resorts, Garden Inn and Grand Vacations
- Holiday Inn, Holiday Inn Express, Holiday Inn Club Vacations
- Home2 Suites by Hilton
- Hometowne Studios by Red Roof
- Homewood Suites by Hilton™
- Hotel Indigo
- Howard Johnson® by Wyndham
- Hualuxe Hotels and Resorts
- IHG Hotels and Resorts
- InterContinental Hotels and Resorts
- Karisma Hotel and Resorts
- Kimpton Hotels and Resorts
- La Quinta® by Wyndham
- LXR hotels
- MainStay Suites
- Microtel® by Wyndham
- Motel 6
- Motto by Hilton
- Park Inn® by Radisson
- Park Plaza®
- Quality Inn
- Radisson® Hotels, Blue and Red
- Ramada® by Wyndham
- Red Collection
- Red Roof Inn and Plus
- Regent Hotels and Resorts
- Rodeway Inn
- Signia by Hilton
- Sleep Inn
- Staybridge Suites
- Studio 6
- Suburban Extended Stay Hotel
- Super 8® by Wyndham
- SureStay Collection® by Best Western, SureStay Hotel® by Best Western and Plus® Hotel by Best

- Western
- Tapestry Collection by Hilton
- The Red Collection
- Trademark® Collection by Wyndham
- Travelodge® by Wyndham
- Tru by Hilton®
- TRYP® by Wyndham
- Vib®
- Voco
- Waldorf Astoria® Hotels & Resorts
- Wingate® by Wyndham
- Wyndham Garden®, Grand® and Hotels & Resorts
- Wyndham®

Restaurants

- Applebee's -- 10-15% off (varies by location) may require golden apple card (60+)
 - Bonefish Grill – 10% senior discount using AARP membership card
 - Bubba Gump Shrimp Co. – 10% senior discount using AARP membership card
 - Carrabba's Italian Grill – 10% senior discount using AARP membership card
 - Cinnabon – 10% senior discount using AARP membership card
 - Chart House – 10% senior discount using AARP membership card
 - Chick-Fil-A - 10% off or free small drink or coffee (55+), depending on location.
 - Chili's - 10% off for persons 55+ but varies by location
 - Corner Bakery Café – 10% senior discount using AARP Membership card
 - Denny's – 15% senior discount using AARP membership card
 - Doordash - 25% off your first order of \$15 or more using AARP membership card
 - Ernest's Orleans Restaurant – Wednesday night Speakeasy discounted dinners (only available during certain

months)

- Ernest's Orleans Restaurant – Thursday night The Best of Times discounted dinners (only available during certain months)

- Golden Corral Restaurants - 10% off for seniors (62+), but varies by location

- IHOP - Special Senior meals at discounted prices (55+)

- Joe's Crab Shack – 10% senior discount using AARP membership card

- KFC - Free small drink with any meal (55+), varies by location

- Landry's Inc. Restaurants – 10% senior discount using AARP membership card

- Long John Silver's – offers discounts to seniors but varies by location

- McCormick & Schmick's– 10% senior discount using AARP membership card

McAlister's Deli – 10% senior discount using AARP membership card

- McDonalds -- discounts on coffee for senior citizens, but varies by location

- Moe's Southwest Grill – 10% senior discount with AARP membership card

- The Oceanaire Seafood Room– 10% senior discount using AARP membership card

- Outback Steakhouse– 10% senior discount using AARP membership card

- Papa Johns – 20% off regular menu prices on online orders using AARP membership card

- Pei Wei Asian Kitchen - \$5 off purchase of \$25 or more using AARP membership card

- Popeye's Louisiana Kitchen – offers 10% discount to seniors 55+ at various locations

- Rainforest Café– 10% senior discount using AARP

membership card

- Saltgrass Steak House– 10% senior discount using AARP membership card

- Schlotzsky's – 10% senior discount using AARP membership card

- Sonic - 10% off or free beverage (60+) varies by location

- Subway - Free small drink or 10% off at selective locations (60+)

- Taco Bell - 5% off or free beverages (65+) at selective locations

- Waffle House - 10% off on Mondays for persons 60+ at selective locations

- Wendy's - Free drink with purchase (62+), but varies by location

Retail

- Ancestry Services – 30% discount using AARP membership card

- AT&T -- \$10 off per line

per month on AT&T unlimited Premium PL Plan with AARP card

- Consumer Cellular – 5% off monthly services for AARP members

- Kohl's – 15% off online purchase of \$100 or more with AARP membership card

- Valvoline Oil Change center – 15% discount using AARP Membership card

- Verizon Services – offer plans for persons 55 and older

- Walgreens – Discount card for savings and link your AARP member card for more benefits

Transportation

- Amtrak Rail service - 15% discount on the lowest available rail fare for persons 62+

- Avis Car Rental - Up to 30% off for AARP members (55+) (800-331-1800)

BUY LOCAL BANK LOCAL



"When you Buy Local and Bank Local everyone benefits and our communities grow stronger."

-Joe Arnold, CEO

we're greater together.

CARTER
CREDIT UNION

318-864-9964 | cartercu.org

- British Airways – senior discount with AARP card
- Budget Rental Cars - up to 30% off for AARP member (55+) (800-733-9092)
- Explorations by Collette Tours --senior discount with AARP card
- Grand European Travel--senior discount with AARP card
- Holland American Lines – up to \$200 onboard credit on select cruises with AARP card
- PayLess Car Rental – 5% off base rates with AARP card
- Vacations by Rail --senior discount with AARP card

Senior Housing Options

Active Adult Living Subdivisions

Willow Lake Adult Community(55+)
103 Willow Lake Blvd
Bossier City, LA 71111
318 -747-3212

Assisted Living Facilities

Housing, support services and health care designed to meet the needs of those who require help with activities of daily living, but wish to remain as independent as possible. An intermediate level of care between independent living and nursing homes for

those who are not able to care for themselves, but do not require constant care. Assists residents with personal care, such as: bathing, dressing, toileting, eating, grooming, getting around and medication assistance.

Azalea Estates of Shreveport
516 E. Flournoy Lucas Road
Shreveport, LA 71115
318-797-2408

Bloom at Bossier
4828 Medical Drive
Bossier City, LA 71112
318-746-0470

Brookdale Shreveport
7110 University
Shreveport, LA 71105
318-524-2100

Brookdale Bossier City
2540 Beene Boulevard
Bossier City, LA 71111
318-747-2114

Montclair Park Assisted Living
9100 East Kings Highway
Shreveport, LA 71115
318-797-1114

Savannah at The Oaks
600 East Flournoy Lucas Road
Shreveport, LA 71115
318-212-6257
www.wkhs.com

Residents have a unique

opportunity to experience the individualized and special attention when some assistance with daily activities is needed or desired. Spacious studio, one-bedroom and two-bedroom apartments provide flexible options. More than a place of luxury and serenity, Savannah at The Oaks offers residents a wide range of activities to appeal to virtually every interest.

Savannah Grand Assisted Living
4770 Brandon Blvd
Bossier City, LA 71111
318-549-1001

The Blake at Bossier City
2000 Blake Boulevard
Bossier City, LA 71111
318-752-6611 or
318-532-4289

www.blakeseniorliving.com/senior-living/la/bossier-city/blake-blvd/

Discover the essence of joy at The Blake at Bossier City. Warm, sophisticated, and brimming with charm, our family-owned senior living community in Bossier City, Louisiana, provides a luxury experience for an exceptional value. Delivering comfort and style, our pet-friendly Assisted Living and Memory Care residences include a host of amenities for vibrant living.

The Gables at Spring Lake
8622 Line Avenue
Shreveport, LA 71106
318-861-2266

Independent Living Communities

Independent living communities provide seniors with the opportunity to experience as much freedom as they choose in a secure setting. These communities are designed for those who are relatively physically and socially independent. The major benefits are maintenance free living, socialization opportunities and numerous activities. Other amenities may include housekeeping services, pest control, apartment maintenance, parking, utilities, cable television, transportation and one or more meals served in a common dining area. These communities do not provide custodial or medical care. Costs are covered by the individual.

Garden Apartments at the Oaks
600 East Flournoy Lucas Rd.
Shreveport, LA 71115
318-212-2000
www.oaksofa.com

Garden Apartments at The Oaks offers 119 garden apartments, all on one level with many overlooking a lake and



K I L P A T R I C K ' S

Rose-Neath

Funeral Homes, Crematorium and Cemeteries, Inc.

Serving you since 1932

www.rose-neath.com

1815 Marshall Street
Shreveport, LA 71101
(318) 222-0348

2500 Southside Drive
Shreveport, LA 7 1118
(318) 687-1256

2201 Airline Drive
Bossier City, LA 71111
(318) 746-2543

705 S. Spruce Street
Vivian, LA 71082
(318) 375-3011

Affiliated with Kilpatrick Life Insurance Company offering a variety of final expense plans.

most with parking just outside the door. A number of studio and one-bedroom garden apartments with interior access to the Alta and John Franks Community Centre also available.

Redbrook Independent Living
403 East Flournoy Lucas Road
Shreveport, LA 71115
318-798-3500

Stiles Apartments
403 East Flournoy Lucas Road
Shreveport, LA 71115
318-798-3500

Summerfield Estates
9133 Baird Road
Shreveport, LA 71118
318-688-9525

Tower at The Oaks
600 East Flournoy Lucas Rd
Shreveport, LA 71115
318-212-6257
www.oaksofla.com

Offers 124 residences for active adults, age 55+, a first-of-its kind for Shreveport. The Tower is nestled in a park-like setting surrounded by beautiful vistas – trees, water, walking trails and spacious lawns. The luxurious multi-story building is the nucleus of a concierge community with resort amenities such as flexible dining options and a spa and wellness center.

Waterview Court
2222 East Bert Kouns
Shreveport, LA 71105
318-524-3300

Nursing Homes and Rehabilitation Centers

Residence for people who require constant nursing care and have significant deficiencies with activities of daily living. In addition to skilled nursing services and certified nursing assistant

services, the resident can receive physical, occupational, speech, and other rehabilitative therapies. Nursing homes that participate in the Medicare and Medicaid programs are subject to federal requirements. Medicare covers nursing home services for 20 to 100 days for beneficiaries who require skilled nursing care or rehabilitation services following a hospitalization of at least 3 consecutive days. Visit medicare.gov to compare area Medicare certified skilled nursing facilities.

Booker T. Washington
Nursing Home
7605 Line Avenue
Shreveport, LA 71106
318-219-2688

Bradford Guest Care Center
3050 Baird Road
Shreveport, LA 71118
318-688-1010

Claiborne Healthcare Center
1536 Claiborne
Shreveport, LA 71103
318-631-3426

Colonial Oaks Guest Care
Center
4921 Medical Drive
Bossier City, LA 71112
318-742-5420

Cypress Point Nursing and
Rehabilitation Center
2901 Douglas
Bossier City, LA 71111
318-747-2700

Garden Court Nursing Home
4405 Airline Drive
Bossier City, LA 71111
318-747-5440

Garden Park Nursing Home
and Rehabilitation Center
9111 Linwood
Shreveport, LA 71106
318-688-0961

Guest Care Center at Spring
Lake
8622 Line Avenue
Shreveport, LA 71106
318-868-4126

Harmony House Nursing
Home
1825 Laurel Street
Shreveport, LA 71103
318-424-5251

Health Center at Live Oak
600 East Flournoy Lucas Rd
Shreveport, LA 71115
318-212-6257

Multifaith health center serving seniors since 1982. Medicare skilled nursing services with semi-private and private rooms available.

Heritage Manor - South
9712 Mansfield Road
Shreveport, LA 71118
318-687-2080

Heritage Manor of Bossier
City
2575 Airline Drive
Bossier City, LA 71111
318-746-7466

Heritage Manor Stratmore
530 Stratmore Drive
Shreveport, LA 71105
318-524-2202

Heritage Manor West
7060 Cottonwood Blvd
Shreveport, LA 71129
318-686-1400

Highland Place
1736 Irving Place
Shreveport, LA 71101
318-221-1983

Highland Place of Shreveport is “Caring from the heart”. Our staff is available 24 hours a day to assist you or your loved in transitioning to our facility. Our facility offers 24-hour skilled nursing in our short-stay Medicare rehabilitation unit. We

have a registered respiratory therapist, full time wound care team, and other health care professionals on staff to provide needed specialty services.

Landmark Nursing Center
9105 Baird Road
Shreveport, LA 71118
318-688-6691

Magnolia Manor Nursing and
Rehabilitation Center
1411 Claiborne Avenue
Shreveport, LA 71103
318-868-4421

Old Brownlee Community
Care Center
469- Old Brownlee Road
Bossier City, LA 71111
318-553-5950

Pierremont Healthcare Center
725 Mitchell
Shreveport, LA 71106
318-868-2789

Pilgrim Manor Guest Care
1524 Doctors Drive
Bossier City, LA 71111
318-742-1623

Riverview Care Center
4820 Medical Drive
Bossier City, LA 71112
318-747-1857

Roseview Nursing Center
3405 Mansfield Road
Shreveport, LA 71103
318-222-3100

Southern Oaks Nursing and
Rehabilitation Center
1524 Glen Oaks Place
Shreveport, LA 71103
318-221-0911

Southern Hills Healthcare & Rehabilitation
9105 Baird Rd
Shreveport, LA 71118
318-688-6691

Creating a Place of Healing, Heart, and Home. Southern Hills Healthcare is a health care community offering individuals a place to recover, rehabilitate and/or reside, depending on their specific needs.

Shreveport Manor Guest Care Center
 3302 Mansfield Road
 Shreveport, LA 71103
 318-222-9482

The Guest House
 9225 Normandie Drive
 Shreveport, LA 71118
 318-686-0515

Veterans Nursing Home
 3130 Arthur Ray Parkway
 Bossier City, LA 71112
 318-741-2763

Village Health Care at the Glen
 403 E. Flournoy Lucas Road
 Shreveport, LA 71115
 318-798-3500

WK Progressive Care Center
2715 Albert Bicknell Dr.
Shreveport, LA 71103
318-212-8200

Willis-Knighton Progressive Care Center offers comprehensive 24 hour nursing, in-house rehabilitation services, infusion therapy, and wound care with private and semi-private rooms.

Willis-Knighton Extended Care Center
2550 Kings Highway
Shreveport, LA 71103
318-212-6820

Willis-Knighton Extended Care Center offers specialized

rehabilitation care for patients requiring extended care treatments.

Senior Apartments

Usually age-restricted 55+ or 62+ and follow HUD regulations. If 55+, at least one person in the apartment must be at least 55 and the community must have no more than 20% of all residents under age 55. If 62+, all residents must be at least 62. Exceptions are made for younger renters if handicapped. Some rentals are income based and may be eligible for government subsidies.

Agape Canaan Towers Apartments
 400 N. Dale
 Shreveport, LA 71118
 318-222-4230

Arbor and Terrace Apartments
 4770 Brandon Blvd
 Bossier City, LA 71111
 318-549-1001

Barton Drive Manor
 1625 Barton Dr.
 Shreveport, LA 71107
 318-221-3351

Bentley Apartments
 6760 Raspberry Lane.
 Shreveport, LA 71129
 318-687-2007

Berkshire Apartments
 2120 North Hearne Ave.
 Shreveport, LA 71107
 318-221-4622

Blanchard Place Apartments
 3900 Roy Rd.
 Shreveport, LA 71107
 318-929-7359

Blanchard Seniors II Apts.
 246 Phelps Ave.
 Blanchard, LA 71009
 318-309-9111

Blanchard Seniors III Apts.
 231 N. Main
 Blanchard, LA 71009
 318-929-9117

Bridgestone I & II Apartments
 3852 Hwy. 171
 Gloster, LA 71030
 318-933-8594.

Brookhaven Elderly Apts.
 2705 Stanberry Dr.
 Shreveport, LA 71118
 318-687-8894

Cedar Hills Apartments
 7401 St. Vincent
 Shreveport, LA 71106
 318-861 6915

Canaan Village Apartments
 1915 Patzman St.
 Shreveport, LA 71101
 318-221-6663

Cloverdale Plaza Apartments
 2213 Shed Rd.
 Bossier City, LA 71111
 318-742-6202

Coventry Place Apartments
 4565 North Market St.
 Shreveport, LA 71107
 318-425-7913

Devonshire Apartments
 2130 N. Hearne Ave.
 Shreveport, LA 71107
 318-424-4775

Evangeline Foundation Apts.
 3875 Line Ave.
 Shreveport, LA 71106
 318-861-1177

Fair Park Terrace Apartments
 3401 Mertis Ave.
 Shreveport, LA 71109
 318-631-5502

Galilee Eden Gardens Apts.
 1500 Park Ave.
 Shreveport, LA 71103
 318-226-9734

Galilee Majestic Arms Apts.
 525 Sycamore St.
 Shreveport, LA 71103
 318-222-4810

Garden Apartments at The Oaks
600 East Flournoy Lucas
Shreveport, LA 71115
318-212-2000

Offering 119 garden apartments, all on one level with many overlooking a lake and most with parking just outside the door. A number of studio and one-bedroom garden apartments with interior access to the Alta and John Franks Community Centre also are available.

Greenwood Apartments
 9224 Greenwood Road
 Greenwood, LA 71033
 318-938-1496

Greenwood Elderly Apartments
 8910 Greenwood Rd.
 Shreveport, LA 71033
 318-938-0038

Holy Cross Villas West
 9333 Normandie Dr.
 Shreveport, LA 71118
 318-688-8051

Jefferson Apartments
 907 Louisiana Ave.
 Shreveport, LA 71101
 318-221-7505

Jordan Square Apartments
 625 Jordan St.
 Shreveport, LA 71101
 318-227-2591

King Garden Apartments
 1510 David Raines Rd.
 Shreveport, LA 71107
 318-222-0805

Mooring Manor Apartments
 1008 Old Mooringsport Rd.
 Mooringsport, LA 71060
 318-996-6193



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100 North Parke Drive
Doyline, LA 71023
318-745-2686

Northside Villa
4585 N. Market St.
Shreveport, LA 71101
318-221-2876

Old Salem Village
6725 Buncombe Rd.
Shreveport, LA 71129
318-687-2378

Park Place Manor
3231 Mertis St.
Shreveport, LA 71109
318-635-2416

Rebel Road Apartments
106 Rebel Rd.
Vivian, LA 71082
Phone: 318-375-5365

Redbrook Independent Living
403 East Flournoy Lucas Road
Shreveport, LA 71115
318-798-3500

Shreveport Garden Elderly
Apartments
235 E Stoner Ave
Shreveport, LA 71101
318-678-8900

South Pointe Place Apartments
1133 South Pointe Parkway
Shreveport, LA 71105
318-212-1703

Southwood Gardens Apts.
3550 Cedar Creek Rd.
Shreveport, LA 71118
318-682-4022

Southwood Square
Apartments
9085 Dean Road
Shreveport, LA 71118
318-671-1888

Spring Forest Apartments
6759 Colquitt Rd.
Keithville, LA 71047
318-925-2630

Stiles Apartments
403 East Flournoy Lucas Road
Shreveport, LA 71115
318-798-3500

The Gables at Spring Lake
8622 Line Avenue
Shreveport, LA 71106
318-861-2366

The Village Apartments
420 North Sibley
Benton, LA 71006
318-965-9258

Tower at The Oaks
600 East Flournoy Lucas
Shreveport, LA 71115
318-212-6257

Offers 124 residences for active adults, age 55+, a first-of-its kind for Shreveport. The Tower is nestled in a park-like setting surrounded by beautiful vistas – trees, water, walking trails and spacious

lawns. The luxurious multi-story building is the nucleus of a concierge community with resort amenities such as flexible dining options and a spa and wellness center.

Vivian Elderly Apartments
344 Red Bud Lane
Vivian, LA 71082
318-375-2454

Twin Oak Apartments
609 Redbud Courts
Vivian, LA 71082
318-375-2381

Waterview Court
2222 East Bert Kouns
Industrial Loop
Shreveport, LA 71105
318-524-3300

Wellington Square Apts
1812 Jewella Rd.
Shreveport, LA 71109
318-635-5867

Wilkinson Terrace Apts.
2725 Southern Ave.
Shreveport, LA 71104
318-221-5286

Windsor Village Apartments
1920 North Hearne Ave.
Shreveport, LA 71107
318-424-0067

Woodcrest Apartments
100 Village Manor, #33
Haughton, LA 71037
318-949-1229

Yorkshire Apartments
2020 North Hearne Ave.
Shreveport, LA 71107
318-424-4775

Things to Do Attractions

Bayou Axe Company
509 Barksdale Blvd.
Bossier City, LA 71111
318-588-5095
www.bayouaxe.com

Blueberry Hill
(pick your own)
5121 Bellevue Road
Haughton, LA
318-949-4930

Gators and Friends Exotic Zoo
11441 Highway 80
Greenwood, LA 71033
318-939-1199
www.gatorsandfriends.com

Lenox Acres (berries)
6501 Vardaman Road
Keithville, LA
318-560-7244
www.lenox-acres.com

McKinney Hill Market/ Farm
(pick your own vegetables)
6510 Camp Clara Hugh Road
Hosston, LA
318-287-3397

There is a **real need** in the community for the service called **Meals on Wheels**. Not only is the meal **essential** to the senior, but the daily contact with the meal driver is vital to their safety and well being.

Sometimes we have to count on each other

Please help support this community resource by sending a donation to

Meals on Wheels Program
Caddo Council on Aging
1700 Buckner Street, Suite 240
Shreveport, Louisiana 71101

Meals on Wheels Program
Bossier Council on Aging
706 Bearkat Drive
Bossier City, Louisiana 71111



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4763 Hwy 169
Mooringsport, LA
318-309-4046
www.morelldairyfarm.com

Saige Acres Flower Farm
10200 Blanchard Furrh Road
Mooringsport, LA
318-525-6981
www.saigeacres.com

Sanctuary Glass Studio
421 Lake Street
Shreveport, LA 71101
504-390-4377
www.sanctuaryglassstudio.com

Sci-Port Discovery Center
IMAX Theatre
820 Clyde Fant Parkway
Shreveport, LA 71101
318-424-3466
www.sci-port.org

Shreveport Aquarium
601 Clyde Fant Memorial
Parkway
Shreveport, LA 71101
318-383-0601
www.shreveportaquarium.com

Shreveport Common
801 Crockett Street
Shreveport, LA 71101
318-673-6537
www.shreveportcommon.com

Splash Kingdom
7670 West 70th Street
Shreveport, LA 71129
318-938-5473

Stage Center
5300 Barksdale Blvd
Bossier City, LA 71112
318-218-9978
www.stagecenterla.com

State Fair of Louisiana
3701 Hudson St.
Shreveport, LA 71109
318-635-1361
www.statefairlofouisiana.com

Surge Entertainment Center
2950 East Texas Street
Bossier City, LA 71111
318-746-3727
www.surgefun.com/

Clubs and Organizations

Air Force Assn., Chap. 159
318- 965-2057

American Legion Post #14
5315 South Lakeshore Drive
Shreveport, LA 71119
318- 636-9276

AARP of Louisiana
866-448-3620
225-376-1144

AARP Shreveport Chapter
#3832
7881 Jefferson Paige Road
Shreveport, LA 71119
318-218-7398

AARP Rose City Chapter
#3568
1204 Crabapple
Shreveport, LA 71118
318-423-1876

ArkLaTex Genealogical
Association
P. O. Box 4463
Shreveport, LA 71134

Ark La Tex Ambassadors
318-865-5555

Bossier Retired Teachers
Association
318-326-4896

Broadmoor Masonic Lodge
318-868-5442

Caddo Retired Teachers Assn.
Association
318-798-6639

Caddo-Bossier Retired
Teachers
318- 631-3418

Cross Lake Dance Club
318-458-7746

El Karubah Shrine Temple
318-631-1594

Elks Club and Lodge No. 122
318-868-5301

Friends of Genealogy, Inc.
318- 742-3809

GENCOM – The Computer
Genealogy Group
318-773-7406

Knights of Columbus
318-742-3665

Krewe of Atlas
318-349-9654

Krewe of Centaur
318-393-8560

Krewe of Elders
318-925-3914

Krewe of Gemini
318-741-9264

Krewe of Highland
318-402-1132

Lions Club of Bossier City
318-747-9444

Loyal Order of Moose
318-688-6733

Masonic Lodge #384 F & AM
318-746-4916

National Association of
Retired Federal Employees
318-742-5092

National Association of
Retired Federal Employees
318-671-1714

National Association of
Retired Federal Employees
318-865-6730



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North Louisiana Chapter of
Romance Writers of America
318-426-4126

North Louisiana Fly Fishers
318-469-0854

NW Louisiana Senior
Olympic Games, Inc.
318 - 658-3811

Petroleum Club of Shreveport
318-425-4251

River Cities Corvette Club
318-688-5037

Rotary Club of Shreveport
318-505-3951

Senior's Club
318-635-0010

Shreveport Bossier Dance
318- 588-7222

Shreveport Bridge Association
ACB Unit #170
7625 East Kings Highway
Shreveport, LA 71105
318 - 797-0855

Shreveport Garden Club
318-286-3526

Shreveport Soaring Club
318-773-2243

Shreveport Yacht Club
318-631-7417

Southern Swinger Square
Dance Club
318- 469-3183

Southern Trace Country Club
318-798-8300

The Red Hat Society, Inc.
866-386-2850

The Shreveport Club
318-221-0618

The Tarshar Society of
Shreveport
318-525-5588

Union Masonic Board
318- 631-9818

Woman's Department Club
318- 222-4186 or
318-734-5958

Entertainment

Brookshires Entertainment
Center
2000 CenturyLink Center Dr.
Bossier City, LA 71112
318-747-2501
brookshiregroceryarena.com

Cinemark Tinseltown Movie
Theatre
8400 Millicent Way
Shreveport, LA 71115
318-798-6488
www.cinemark.com/
theatres/la-shreveport/
cinemark-tinseltown-and-xd

East Bank Theatre and Gallery
630 Barksdale Blvd
Bossier City, LA 71111
318-741-8310
www.bossierarts.org

Emmett Hook Performing
Arts
550 Common Street
Shreveport, LA 71101
318-429-6887

Laugh Out Loud Comedy
Club
618 Commerce Street
Shreveport, LA 71101
318-353-1600
www.lolshreveport.com

Marjorie Lyons Playhouse
2911 Centenary Blvd.
Shreveport, LA 71104
318-869-5242
www.centenary.edu/
campus-community/
marjorie-lyons-playhouse/

Regal Movie Cinema at the
Boardwalk
2 River Colony Drive
Bossier City, LA 71111
844-462-7342
www.regmovies.com/theatres/
regal-louisiana-boardwalk-
imax

River City Repertory Theatre
2829 Youree Drive, Suite 4
Shreveport, LA 71104
318-868-5888

Shreveport Little Theatre
812 Margaret Place
Shreveport, LA 71101
318-424-4438
shreveportlittletheatre.com

Shreveport Metropolitan Ballet
P. O. Box 7745
Shreveport, LA 71137
318-221-8500
shreveportmetroballet.org

Shreveport Opera
212 Texas, Suite 101
Shreveport, LA 71101
318-227-9503
www.shreveportopera.org

Shreveport Symphony
Orchestra
616 Jordan Street
Shreveport, LA 71101
318-227-8863; 318-222-7496
shreveportsymphony.com

Stage Center
5300 Barksdale Blvd
Bossier City, LA 71112
318-218-9978
www.stagecenterla.com

State Fair of Louisiana
3701 Hudson St.
Shreveport, LA 71109
318-635-1361
www.statefairoflouisiana.com

Strand Theatre
619 Louisiana
Shreveport, LA 71101
318-226-1481
www.thestrandtheatre.com

The Robinson Film Center
617 Texas Street
Shreveport, LA 71101
318-424-9090
www.robinsonfilmcenter.org

Festivals and Events

318 Restaurant Week
www.318restaurantweek.com
Held during May of each
year.

ArtBreak
www.shrevearts.org
Held in April. Witness first-
hand the results of quality Fine
Arts instruction and Arts in
Education programming.

Artini
www.bossierarts.org
Held in June. Live music,
visual art, martinis, and
socializing served with a twist.

Barksdale Defenders of Liberty
Air Show
www.barksdaleafairshow.com
Held in March. Featuring
displays of the latest, as well as
historic, military, and civilian
aircraft and other related
performers.

Believe! Lights the Night
www.shreveportaquarium.com
Held in December. The
ultimate interactive magical
Christmas journey. Receive
a magic motion-activated
Christmas wand that turns
on lights, makes music, lights
a fireplace, jingles bells and
more as you venture through
the aquarium.

Benton Christmas on the
Square & Parade
bentonchristmasonthesquare.
com
Held in early December.
Shopping booths are located
around Heritage Village
Square with paved streets,
historical buildings open for
tour, live entertainment on

two stages, and varied kids activities.

Bossier City Farmers Market
bossiercityfarmersmarket.com

Each Saturday from April through November from 9 am to 1 pm. Features fresh produce, crafts, food items, live music, and children's activities.

BREW – a Premier Beer Tasting Festival
www.shreveportbrew.com

Experience an October afternoon sampling over 100 internationally acclaimed and domestically micro-brewed ales, pilsners, and stouts. Features live music, college football games, and delicious samples of signature dishes from Shreveport's most popular restaurants.

Christmas in Roseland
www.christmasinroseland.org

The American Rose Center is transformed into a whimsical winter wonderland from the day after Thanksgiving until the weekend before Christmas. Featuring thousands of twinkling lights, dozens of lighted displays, giant Christmas Cards, nightly entertainment, photos with Santa, and tons of fun!

Christmas on Caddo
Fireworks Festival
christmasoncaddofireworks.com

Held in December. Featuring s local entertainment, concessions, family fun, and fireworks over Caddo Lake.

CORK – Red River Revel Wine Event;
corkwinefestival.com
First week of April. Receive a signature CORK wine glass and spend the afternoon socializing and tasting from a selection of over 100 wines and impeccable bites from local eateries. Live music, raffle drawings, and fun!

Country Christmas Festival
www.townofvivian.us
Held in December. A Victorian country Christmas festival with entertainment, food, wine garden, crafts, and shopping.

DixieMaze Fall Festival
www.dixiemaze.com
Held in October. Includes a corn maze, pumpkin patch, haunted attractions, hayrides.

Geek'd Con
www.geekdcon.com
Held in August. One of the premiere comic con style events in the state while also

bringing in Rock & Roll Hall of Fame members, Star Wars icons, Pro Wrestling Hall of Fame members, and horror movie legends.

Heritage and Harvest Tour
redrivercrossroadshistorical.org
Held in October. Spend a day in the country exploring the history and culture of the region. Cruise past historic homes and farms as well as other points of interest.

Highland Jazz and Blues Festival
www.highlandjazzandblues.org
Held in September in the historic Columbia Park. This FREE annual event features local and national jazz and blues artists, great food, and local artwork.

Independence Bowl
Late December. A post-season NCAA sanctioned Division I college football game with many other events the week before the game.

KTBS 3 Independence Day Festival
www.ktbs.com
Held on July 4th. Festival Plaza will come alive to honor the U.S. military and features food, music, fireworks and fun.

Let the Good Times Roll Festival
www.facebook.com/letthegoodtimesrollfestival
Held in June. A celebration of African American culture, and features performances by top names in soul, gospel, hip-hop and R&B.

Louisiana Soulfood Fall Festival
louisianasoulfoodfallfestival.com
Held in August. This event features good food and music.

Mardi Gras in the ArkLaTex
Held in January and February. Parades, Bals and other events hosted by area Krewes.

Mudbug Madness Festival
www.mudbugmadness.com.
Held Memorial Day week-end. Cajun festival featuring live music and Cajun cuisine.

Mutiny at Shreveport A-Scare-ium
www.shreveportaquarium.com
Held in October at the Shreveport Aquarium. It's a Haunted Pirate Adventure with chills, thrills and of course, gills!

Pioneer Heritage Festival
www.greenwoodla.org
October festival celebrates



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Tune in to radio station 710 KEEL on Saturday mornings at 9:05 a.m. for The Best of Times Radio Hour.



the enduring spirit of the settlers of Greenwood and features concessions, games, entertainment, bass tournament, and parade.

Prize Fest

www.prizefest.org

Held in November. An unparalleled street festival experience featuring film, music, food, fashion, comedy and community.

Red River Arts Festival

www.redriverrevel.com

Held in October. From traditional Cajun cuisine to deep-rooted music and hand-crafted art, the Revel offers a vast experience through activities, entertainment, food, and local traditions.

Red River Balloon Rally

www.redriverballoonrally.com

Held in July. Featuring kid zones, tethered balloon rides, and entertainment.

Rockets over the Red

Christmas Festival
www.rocketsoverthered.com

Held end of November. Live entertainment, face painting Santa, food available from area food trucks, tree lighting, fireworks, and bridge light show.

Senior Day Expo at the Louisiana State Fair
www.statefairoflouisiana.com
www.thebestoftimesnews.com

Opening day of the State Fair in October of each year. Features exhibitors providing valuable information about products and services, entertainment, contests and give-a-ways. Free admission to Expo and the State Fair of Fair

Shreveport-Bossier Black Restaurant Week
shreveportblackrestaurants.com
Held in November. Promotes many of the black owned restaurants in the area.

Shreveport Derby Day
www.derbydayshreveport.com
Held in early May. Features live music, games, food, and an open bar serving traditional Kentucky Derby cocktails.

Shreveport Farmers Market
www.redriverrevel.com/farmers-market
Open Saturdays from June - August of each year from 7:30 am to 12:30 pm. Features vegetables, fruits, herbs, plants, honey, and meats.

Silver Screenings
www.robinsonfilmcenter.org
Screening of a classic movie, followed by a buffet lunch, on the 3rd Tuesday of each month at 10:30 am at the Robinson Film Center.

State Fair of Louisiana
www.statefairoflouisiana.com
Held during late October through early November. Features animal competitions, cooking competitions, talent competitions, folk entertainment, midway carnival rides, food, nationally known headline entertainers, and more.

Sunflower Trail and Festival
redrivercrossroadshistorical.org
Held in June of each year. A festival featuring live music, delicious food, arts, and crafts.

Super Derby Festival
www.ladowns.com
Held in September. Horses, trainers, and riders come from around the country to compete at Louisiana Downs during the festival, which

culminates in the Grade I Super Derby.

Tinsel
www.tinselshreveport.com

Held in late November. Ticketed attendees are chauffeured to multiple stops along Line Avenue, shopping in over 30 of the area's most popular stores. Along the route, stores offer complimentary food, beverage, entertainment and exclusive discounts for Tinsel shoppers.

Gambling Venues

Bally's Shreveport Resort and Casino
451 Clyde Fant Memorial Pkwy
Shreveport, LA 71101
318-220-0711
www.ballysshreveport.com

Boomtown Casino and Hotel
300 Riverside Drive
Bossier City, LA 71111
318-746-0711
www.boomtownbossier.com

Double Eagle Bingo
760 Shreveport-Barksdale Highway
Shreveport, LA 71105
318-868-4170

Harrah's Louisiana Downs
8000 East Texas Street
Bossier City, LA 71111
318-742-5555
www.caesars.com/harrahs-louisiana-downs

Horseshoe Casino and Hotel
711 Horseshoe Blvd
Bossier City, LA 71111
318-742-0711
www.caesars.com/horseshoe-bossier-city

Live! Casino and Hotel Louisiana
711 Live Casino Blvd
Bossier City, LA 71111
www.livecasinola.com

Margaritaville Casino and Resort
777 Margaritaville Way
Bossier City, LA 71111
318-698-3920
margaritavillebossiercity.com

Sam's Town Hotel and Casino
315 Clyde Fant Parkway
Shreveport, LA 71101
318-424-7777
www.samstowndshreveport.com

Shreveport-Bossier Bingo
1080 Pearl Drive
Bossier City, LA 71111
318-746-9988

Museums & Galleries

American Rose Center
8877 Jefferson Paige Road
Shreveport, LA 71119
318-938-5402
www.rose.org

Antioch Baptist Church
1057 Texas Avenue
Shreveport, LA 71101
318-222-7090

ArklaTex Sports Museum of Champions
400 Caddo Street
Shreveport, LA 71101
318-221-8445

ArtSpace
710 Texas Street
Shreveport, LA 71101
318-673-6535
www.artspaceshreveport.com

Asian Gardens of Shreveport
800 Texas Avenue
Shreveport, LA 71101
318-401-8078

Bailey Art Gallery
214 Texas Avenue
Shreveport, LA 71101
318-424-6764
www.bailey-gallery.com

Barksdale Global Power Museum
88 Shreveport Road, Bldg 5088
Barksdale AFB, LA 71110
318-752-0555

Bossier Parish Library Historical Center
2206 Beckett St.
Bossier City, LA 71111
318-746-7717
www.bossierlibrary.org/locations/history-center

Bossier Arts Council
630 Barksdale Blvd
Bossier City, LA 71111
318-741-8310
www.bossierarts.org

Herbert S. Ford Museum
519 South Main Street
Homer, LA 71040
318-927-9190
www.hfordmuseum.com

Holy Trinity Catholic Church
315 Marshall Street
Shreveport, LA 71101
318-221-5990
holyltrinity-shreveport.com

J. Bennett Johnston Waterway Regional Visitor Center
700 Clyde Fant Parkway
Shreveport, LA 71101
318-677-2673
www.mvk.usace.army.mil/Missions/Recreation/J-Bennett-Johnston-Visitor-Center

Jubilee Zoo
6402 Highway 1
Shreveport, LA 71108
318-929-7387
www.jubileezoo.com

Karpeles Manuscript Library Museum
3201 Centenary Blvd
Shreveport, LA 71104
318-861-7615
www.karpeles.com/museums/shr.php

LA State Exhibit Museum
3015 Greenwood Road
Shreveport, LA 71109
318-632-2020
www.laexhibitmuseum.org

Louisiana State Oil and Gas Museum
200 S. Land Avenue
Oil City, LA 71061
318-995-6845
www.townofoilcity.com/louisiana-state-oil-and-gas-museum.html

Marlene Yu Museum
710 Travis Street
Shreveport, LA 71101
318-717-9111
www.marleneyumuseum.org

Meadows Museum of Art
2911 Centenary Blvd
Shreveport, LA 71104
318-869-5169
themeadowsmuseum.com

Multicultural Center of the South
520 Spring Street
Shreveport, LA 71101
318-424-1380

Norsworthy Gallery
214 Texas Street
Shreveport, LA 71101
318-424-6764
www.thenorsworthy.com

NW Louisiana Walk of Stars
500 Clyde Fant Parkway
Shreveport, LA 71101
www.walkofstars.org

Oakland Cemetery
1000 Milam Street
Shreveport, LA 71101
318-673-7895

Pamoja Art Society
3806 Linwood Avenue
Shreveport, LA 71108
318-638-8739



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- ✉ abcshreveport@abc-seniors.com



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Pioneer Heritage Center
LSU Shreveport
Shreveport, LA 71115
318-797-5339
www.lsus.edu/community/
pioneer-heritage-center

Red River National Wildlife
Refuge
150 Eagle Bend Point
Bossier City, LA 71112
318-742-1219
www.fws.gov/refuge/red_river

R. W. Norton Art Gallery
4747 Creswell Avenue
Shreveport, LA 71104
318-865-4201
www.rwnaf.org

Shreveport Railroad Museum
142 N. Common Street
Shreveport, LA 71101
318-797-8008
www.shreveportwaterworks.
org/railroad-museum

Shreveport Water Works
Museum
142 North Common Street
Shreveport, LA 71101
318-221-3388
shreveportwaterworks.org

Southern Univ. Museum of
Art
610 Texas Street, Suite 110
Shreveport, LA 71101
318-670-6631
www.sumashreveport.org

Spring Street Historical
Museum
525 Spring Street
Shreveport, LA 71101
318-424-0964
www.springstreetmuseum.org

Stage of Stars Museum
705 Elvis Presley Avenue
Shreveport, LA 71101
318-220-9434
318-272-6045

Steve's Snaketuary
440 Mars Drive
Shreveport, LA 71105
318-525-6241
www.stevesnaketuary.com

Talbot Medical Museum
WK Innovation Center
2105 Airline Drive
Bossier City, LA 71111
318-212-2512
www.museum.wkhs.com

Touchstone Wildlife Museum
5011 East Texas St.
Bossier City, LA 71111
318-746-5792
www.touchstonemuseum.com

Vivian Railroad Station
Museum
100 North Front Street
Vivian, LA 71082
318-375-5300

Walter B. Jacobs Memorial
Nature Park
8012 Blanchard Furrh Road
Shreveport, LA 71107
318-929-2806
www.caddo.org/parks

Worley Astronomical
Observatory
Astronomical Observatory
Road – off of LA 175
Shreveport, LA 71115
318-865-2433
318-797-1524
shreveportastronomy.com

Sports and Athletics

All Star Bowling Lanes
9130 Mansfield Road
Shreveport, LA 71118
318-687-3676

Bellaire Church Athletic Club
4330 Panther Drive
Bossier City, LA 71111
318-746-8715

Bossier Tennis Center
1651 Mondello Way
Bossier City, LA
318-213-2108
www.bossiercity.org/414/
Bossier-Tennis-Center

Crooked Hollow Golf Club
8667 Elysian Fields Road
Greenwood, LA 71033
318-938-5060
www.crookedhollowgolf.com

East Ridge Country Club
1000 Stewart Drive
Shreveport, LA 71106
318-868-6571
eastridgecountryclub.com

Holiday Lanes
3316 Old Minden Road
Bossier City, LA 71111
318-746-7331

Olde Oaks Golf Course
60 Golf Club Drive
Haughton, LA 71037
318-742-0333
www.stonebridgeoldeoaks.com

Shreveport Mavericks
Pro Basketball
318-674-7946
www.shreveportmavericks.com

Shreveport Mudbugs Hockey
318-636-7094
www.mudbugshockey.com

Southern Trace Country Club
200 Southern Trace Parkway
Shreveport, LA 71106
318-798-8300
www.southerntracecc.com

SPAR Public Golf Courses
www.spargolf.org

- Huntington Park
8300 Pines Rd
Shreveport, LA 71129
318-673-7765
- Querbes Park
3500 Beverly Place
Shreveport, LA 71104
318-673-7773

- Jerry Tim Brooks Park
2200 Milam
Shreveport, LA 71101
318-673-7782

SPAR Public Tennis Centers
www.myspar.org/293/

- Bill Cockrell Tennis
Center
4109 Pines Road
Shreveport, LA 71119
318-673-7790
- Querbes Tennis Center
3507 Beverly Place
Shreveport, LA 71104
318-673-7787
- Southern Hills Tennis
Center
1000 Bert Kouns
Shreveport, LA 71108
318-673-7784

StoneBridge Golf Club
301 StoneBridge Blvd
Bossier City, LA 71111
318-747-2004
www.stonebridgeoldeoaks.com

YMCA of NW Louisiana
-BHP
3455 Knight Street
Shreveport, LA 71105
318-674-9635

YMCA of South Shreveport
Lash Family YMCA
9440 Ellerbe Road
Shreveport, LA 71106
318-674-9613

YMCA of Shreveport
– Downtown
400 McNeill Street
Shreveport, LA 71101
318-674-9622

Tours

Chimp Haven
13600 Chimpanzee Place
Keithville, LA 71047
318-925-9575
www.chimphaven.org

Logan Mansion Tour
725 Austin
Shreveport, LA 71101
318-210-1007; 318-459-2285
www.loganmansion.com

Municipal Auditorium
Museum Tours
705 Elvis Presley Ave.
Shreveport, LA 71101
318-841-4000; 318-272-6045
www.Shreveportmunicipal-
auditorium.com

Trudeau Shreveport History
Tours
318-272-6045

Oaklawn Cemetery Tour
Milan Street and Elvis Presley
Blvd.
Shreveport, LA 71101
www.oaklandcemeteryla.org

The Davis House Ghost Tour
804 Wilkinson Street
Shreveport, LA 71104
318-221-3881

The Spirit of the Red River
Cruise
318-564-3560
www.redrivercruise.com

Volunteer Opportunities

AARP of Louisiana
301 Main St, Suite 1012
Baton Rouge, LA 70825
866-448-3620
225-376-1144
www.aarp.org/volunteer/
www.aarp.org/la

American Red Cross, NWLA
Chapter
318-865-9545
www.louisianaredcross.org

Bossier Council on Aging
318-741-7490
www.bossiercoa.org

Caddo Council on Aging
318-676-7900 Ext 239
www.caddocoa.org

Caddo/Bossier Foster
Grandparent Program
318-676-7884

Court Appointed Special
Advocates (CASA)
318-221-2272
www.vyjla.org

Food Bank of Northwest LA
318-675-2400
www.foodbanknla.org
Volunteers are needed to
sort food and pack boxes for
the senior program, perform
general office duties, deliver
senior food boxes or assist in
special events.

Gingerbread House
318-674-2900
www.gingerbreadhousecac.org

Habitat for Humanity
318-868-8040
www.nwlahabitat.org

Literacy Volunteers
318-869-2411
www.shreveportliteracy.org

**Louisiana Senior Medicare
Patrol Program**
AdviseWell, Inc
P. O. Box 2228
Gonzales, LA 70707
877-272-8720
www.stopmedicarefraud.org

Volunteers help Medicare
and Medicaid beneficiaries
prevent, detect and report
health care fraud.

Ninna's Road to Rescue
www.roadtorescuela.org

Red River Revel
318-424-4000
www.redriverrevel.com

Renesting Project, Inc.
318-747-5520
www.renestingprojectinc.org

Shreveport Bossier Convention
and Tourist Bureau
318-222-9391
www.shreveport-bossier.org

Shreveport Bossier
Community Renewal
318-425-3222
www.sbcr.us

Shreveport Bossier Rescue
Mission
318-227-2868
www.sbrescuemission.com

Shreveport Green
318-219-1888
www.shreveportgreen.org

Shreveport Metropolitan Ballet
shreveportmetroballer.org

Shreveport Symphony
Volunteer Program
318-222-7496
shreveportsymphony.com

Shreveport Little Theatre
Volunteer Program
318-424-4438
shreveportlittletheatre.com

**The Best of Times – Senior
Expo volunteers**
P. O. Box 19510
Shreveport, LA 71149
318-636-5510
thebestoftimesnews.com

Volunteers needed to assist
during health care expos and
the annual Senior Day Expo at
the Louisiana State Fair.

The Community Foundation –
LINCC Volunteer program
318-221-0582
www.cfnla.org

The Highland Center
318-673-8440
www.highlandcenter.org

The Salvation Army of NW
Louisiana
318-424-3200
www.salvationarmyalm.org/
shreveport

The Strand Theatre
Volunteer Usher Corps
318-226-1481
www.thestrandtheatre.com
Ushers are asked to work
at least 50% of the shows,
including season shows,
presented shows, rentals, and
concerts.

United Way of NW Louisiana
318-677-2504
www.unitedwaynwla.org

Volunteers of America – N.LA
318-221-2669
www.voanorthla.org

Volunteer Louisiana
225-342-2038
www.volunteerlouisiana.gov

Volunteers for Youth Justice
318-425-4413
www.vyjla.org

Senior Corps
www.seniorcorps.org

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Your decision to move to The Oaks of Louisiana starts a brand new adventure. Make new friends (and gain a lovely new home where you can entertain your old friends), experience new things, go on excursions to entertaining places, and fill your days with engaging activities you truly enjoy.

The Oaks offers something new to experience every day:

- ☞ Community events and activities keep you active, social, involved and entertained.
- ☞ Dining options make mealtime not-to-be-missed, with tasty, nutritious food and first-rate dining service.
- ☞ Social events encourage you to mingle and meet your neighbors, making a big impact on your health and happiness.

Operated by Willis Knighton Health, The Oaks senior living community follows procedures and protocols to provide you a safe environment where you can enjoy this ride of a lifetime. Buckle up!



The Oaks
OF Louisiana

For tours and information, call
(318) 212-OAKS (6257)
oaksofla.com • 

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Aetna Medicare is a HMO, PPO plan with a Medicare contract. Our DSNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. Plan features and availability may vary by service area. Plan features and availability may vary by service area.

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